

SDCFOA 2023 Rules Summer Study Exam

KEYS

Team A (Offense) or Team B (Defense) is designated as **A** or **B**

Team A or Team B's 45 yard-lines, example: **A-45** or **B-45**

Player A or B's number is 40, example: **A40** or **B40**

Second down and 6 yards to go for A at the B 23 yard-line, example: **A, 2/6, B-23**

The Kicking or Receiving teams are designated as **K** or **R**

Team K or Team R's 45 yard-lines, example: **K-45** or **R-45**

Player K or R's number is 65, example: **K65** or **R65**

Fourth down and 12 yards to go for K at the R 45 yard-line, example: **K, 4/12, R-45**

ACRONYMS

BBW block or blocking below the waist

BSB blind side block

ENZ expanded neutral zone

EXC exception

FBZ free blocking zone

KCI kick catch interference

NZ neutral zone

OPI / DPI offensive / defensive pass interference

PSK post-scrimmage kick

SKF scrimmage kick formation

UC unsportsmanlike conduct

BIB block in the back

DNA does not apply

ES enforcement spot

EZ end zone

HC head coach

LOS line of scrimmage

OOB/IB out of bounds/ in bounds

PF personal foul

QB quarterback

SS succeeding spot

RB running back

When referring to the Rule Book, the reference will be noted with dashes such as: **2-29-1**. When referring to the Case Book, the reference will be noted with periods such as: **2.29.1**, Most questions contain rule references, but some will require officials to get a bit into the NFHS Rule and Case book.

1. First and 10 at team A's 20 yardline. A1 is flagged for holding at team A's 10 yardline. A2 runs to the A 15-yard line where he is downed. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
2. First and 10 at team A's 20 yardline. A1 is flagged for holding at team A's 10 yardline. A2 runs to the team A's 35-yardline where he is downed.. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
3. First and 10 at team A's 20 yardline. A1 is flagged for holding at team A's 30 yardline. A2 runs to team A's 15-yardline where he is downed. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
4. First and 10 at team A's 20 yardline. A1 carries to team A's 45 yardline. A2 is flagged for holding at team A's 40-yardline. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
5. First and 10 at team A's 20 yardline. A1 carries to team A's 45 yardline. A2 is flagged for holding at the 50-yardline. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul

6. First and 10 at team A's 16-yardline. A1 drops back to pass. A2 is flagged for holding in team A's end zone. A1 is downed at his own six yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
7. First and 10 at team A's 16-yardline. A1 drops back to pass. A2 is flagged for holding at his own 10 yardline. A1 is downed at his own six yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
8. First and 10 at team A's 20-yardline. B1 is flagged for grasping and twisting A2's facemask at team A's 10 yardline. A3 is downed at team A's 15-yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
9. First and 10 at team A's 20-yardline. B1 is flagged for grasping and twisting A2's facemask at team A's 10 yardline. A3 is downed at team A's 25-yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
10. First and 10 at team A's 20 yardline. A1 is downed at team A's 10 yardline. B2 is flagged for grasping and twisting A3's facemask at team A's 30 yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
11. First and 10 at team A's 20 yardline. A1 carries to team A's 30 yardline. B2 is flagged for grabbing and twisting A3's facemask at team A's 40 yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
12. First and 10 at team A's 20 yardline. A1 is flagged for holding at team A's 15 yardline. A2 is downed at team A's 10 yardline. B3 is flagged for piling on A2. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
13. B1 intercepts a pass in his own end zone and advances to team B's six yardline, where he is hit and fumbles. Prone B2 recovers at team B's four yardline. While the ball is loose, B3 holds at team B's four yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
14. B1 intercepts a pass in his own end zone and advances to team B's six yardline, where he is hit and fumbles. Prone B2 recovers in team B's end zone. While the ball is loose, B3 holds at team B's four yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
15. Eligible receiver A1 intentionally steps out of bounds and a pass is thrown in his direction. A1 leaps and, while airborne, bats the ball to eligible teammate A2, who is inbounds
 - A. The pass is complete, Illegal Batting
 - B. Ineligible Receiver, Illegal Touching
 - C. The pass is complete, no foul.
 - D. The pass is incomplete and Illegal Participation

16. Eligible receiver A1 accidentally steps out of bounds and a pass is thrown in his direction. A1 leaps and, while airborne, bats the ball to eligible teammate A2, who is in bounds
- A. The pass is incomplete, no foul.
 - B. The pass is complete, no foul.
 - C. Ineligible Receiver, Illegal Touching
 - D. The pass is complete, Illegal Participation,
17. A1 is unable to find a receiver and scrambles beyond the lateral boundary of the free-blocking zone as established at the snap. He throws a pass out of bounds that lands beyond the neutral zone. A1 was the player who took the snap.
- A. Intentional Grounding
 - B. No Foul
18. A1 is unable to find a receiver and scrambles beyond the lateral boundary of the free-blocking zone as established at the snap. He throws a pass out of bounds that lands beyond the neutral zone. A1 was the player who received a handoff from A2.
- A. Intentional Grounding
 - B. No Foul
19. A1 is unable to find a receiver and scrambles beyond the lateral boundary of the free-blocking zone as established at the snap. Facing defensive pressure, A1 returns to the area inside the lateral boundary and throws a pass that lands beyond the neutral zone and out of bounds.
- A. Intentional Grounding
 - B. No Foul
20. It is legal if a defender forcefully contacts a defenseless receiver as a result of the defender making a play on the ball, initiates the forceful contact with open hand(s), or attempts to tackle the defenseless receiver by wrapping his arm(s) around the receiver.
- A. True
 - B. False
21. If a defensive back, in an obvious last ditch effort to prevent the receiver from catching the pass for the game winning TD, intentionally tackles the WR before the pass arrives, the official may penalize this intentional act with an additional 15-yard penalty for an unsportsmanlike act.
- A. True
 - B. False
22. If a towel is worn by any player, then all towels must be the same solid color for all players wearing a towel.
- A. True
 - B. False
23. A towel may contain one manufacturer's logo and one school logo or trademark. They both must not exceed 2 ¼ square inches and does not exceed 2 ¼ inches in any dimension.
- A. True
 - B. False

SDCFOA 2023 Rules Summer Study Exam Answers Only

1. Answer: A Previous Spot
End of the running play is behind the LOS and the foul is behind the LOS
2. Answer: A Previous Spot
End of the running play is beyond the LOS but the foul is behind the LOS
3. Answer: A Previous Spot
End of the running play is behind the LOS and the foul is beyond the LOS
4. Answer: C Spot of the Foul
End of the running play is beyond the LOS and the foul is beyond the LOS but behind the basic spot (end of the run)
5. Answer: B End of the Run (basic spot)
End of the running play is beyond the LOS and the foul is beyond the LOS and the foul is beyond the basic spot (end of the run)
6. Answer: C Spot of the Foul (Safety)
There is no change to penalty enforcement on a play where Team A fouls in their own endzone.
7. Answer: A Previous Spot
End of the running play is behind the LOS and the foul is behind the LOS. Team B would most likely decline the penalty as the result of the play makes it 2nd and 20 at the 6-yard line.
8. Answer: A Previous Spot
End of the running play is behind the LOS and the foul by Team B is behind the LOS.
9. Answer: B End of the Run
End of the running play is beyond the LOS and the foul by Team B is behind the LOS.
10. Answer: A Previous Spot
End of the running play is behind the LOS and the foul by Team B is beyond the LOS.
11. Answer: B End of the Run
End of the running play is beyond the LOS and the foul by Team B is beyond the LOS.
12. Answer: A Previous Spot
End of the running play is behind the LOS and the foul by Team A is behind the LOS. The dead ball foul against Team B is enforced after the enforcement of the Team A live ball foul.
13. Answer: C Spot of the Foul
Team B intercepts with "clean hands". Team B's run following the interception ends with a fumble at the 6-yard line. The foul by Team B occurs while the ball is loose so the basic spot is the end of the run (where the fumble occurred at the 6-yard line.) and the foul occurred behind the basic spot, so enforcement is from the spot of the foul.
14. Answer: C Spot of the Foul
Same as Question #13 but in this case, if Team A declines the penalty, they score a safety as Team B's fumble is the force that put the ball in their own endzone where Team B was down by rule.
15. Answer: D The pass is Incomplete and Illegal Participation
Since A1 is out of bounds by rule when he touched the pass, the ball is dead upon his touching. A1 fouls for illegal participation since he intentionally influenced the play.
16. Answer: A The pass is incomplete, no foul. 2-29-1 and 9-6-1 and 9-6-2
17. Answer: B No Foul. 7-5-2 Exc. 2a and 2c
18. Answer A Intentional Grounding. Newly Revised Rule 7-5-2 Exc. 2a and 2c
19. Answer B No Foul. 7-5-2 Exc. 2a and 2c
20. Answer: A True. 2-32-16d (1-3)

21. Answer: B False. 7-5-10

22. Answer: B False 1-5-3a(5)a 1-5 (New)

23. Answer: A True 1-5-3a (5)a 1-5 (New)