**2025 SDCFOA Rules Summer Study**

1. During a sweep around the end, a pulling guard makes initial contact with a linebacker’s hands, which are below his waist. The guard then completes the block below the linebacker’s knees.
   1. Legal Block
   2. Illegal block below the waist
2. A, 1/10, A-20. The runner advances to the A-30 when he is hit and fumbles. While the fumble is in flight, a defensive player intentionally bats the ball toward his own goal line. Another defensive player catches the ball at the A-34 and is tackled immediately.
   1. A, 1/10, A-45 after penalty for illegal batting
   2. A, 1/10, A-30
   3. B, 1/10, A-34
3. A, 2/8, B-38. After Team A has been set for 1 second, three interior linemen move from a 2-point to a 3-point stance at the same time a tailback goes in motion. The ball is snapped while the tailback is still moving.
   1. Live ball foul. A, 2/13, B-43. Illegal shift
   2. Live ball foul. A, 2/13, B-43. Illegal motion
   3. Dead ball foul
4. Targeting only involves contact to an opponent above the shoulders.
   1. True
   2. False
5. A, 1/10, B-12. An eligible receiver runs a pattern in the end zone and leaps to catch a pass. As the receiver leaps to catch the pass, his own momentum carries him back into the field of play where he is first contacted and is tackled at the B-1.
   1. Touchdown
   2. A, 1/G, B-1
6. A defensive player catches a pass in his own end zone and then fumbles the ball over the endline.
   1. Touchdown
   2. Safety
   3. Touchback
7. A player who initiates contact against a defenseless player is responsible for making legal contact. When in question, a player is defenseless. Examples of a defenseless player include:
   1. A receiver attempting to catch a pass
   2. The intended receiver of a pass in the action during and immediately following an interception or potential interception
   3. A kick returner attempting to catch or recover a kick, or one one who has completed the catch or recovery and has not had time to protect himself
   4. A player obviously out of the play or not in the immediate vicinity of the runner
   5. A player who receives a blindside block with forcible contact not initiated with open hands
   6. All the above
8. Defenseless player provisions do not apply to a passer until a legal forward pass is thrown. The passer continues to be a defenseless player until the pass ends or he moves to participate in the play.
   1. True
   2. False
9. The basic spot is the spot where the run ends when R commits a post-scrimmage kick foul. R fouls behind the post-scrimmage kick spot are spot fouls.
   1. True
   2. False
10. Time for the first half expires as the runner advances to the B-33, where he is tackled. After the runner gets up but before the Referee holds the ball in one hand over his head, a defensive player punches the runner. The offensive team accepts the penalty.
    1. A, 1/10, B-18; the period is extended for one untimed down; B45 is disqualified
    2. A, 1/10, B-18; the period is extended for one untimed down
    3. The period is over; enforce the penalty on the second-half kickoff; B45 is disqualified
    4. The period is over; enforce the penalty on the second-half kickoff
    5. The period is over; the penalty cannot be
11. K, 4/5, K-30. A kicker punts the ball. An official blows an inadvertent whistle while the ball is in flight. When the down is replayed, the clock will start on the:
    1. snap
    2. ready for play

1. A, 4/9, A-34. A Team B substitute realizes his team has only 10 players on the field. He enters the field at the B-36 during the down, but the play goes to the other side of the field, where the runner is downed at the A-41.
   1. Dead ball foul. A, 4/4, B-39
   2. Live ball foul. B, 1/10, B-46
   3. Live ball foul. B, 1/10, A-46
   4. Live ball foul. A, 4/4, A-39
2. K, 4/13, K-36. The clock is stopped after an incomplete pass. The kicker kicks the ball from the K-26. A receiver signals for a fair catch at the R-40 but muffs the ball. An official blows an inadvertent whistle while the ball is loose. When the down is replayed:
   1. The clock shall start on the ready because of the inadvertent whistle
   2. The clock shall start on the ready because of the fair catch signal
   3. The clock shall start on the snap because it is after a legal kick
3. A, 2/8, A-43. After the first-down play, the QB has a bloody nose. The referee stops the clock and sends the QB to his sideline. Team A head coach requests a time-out. During the time-out, the bleeding is stopped and the QB returns to the huddle.
   1. Because Team A called a time-out, the QB can return
   2. Only an outside the 9-yard marks conference can be held
   3. The QB must remain in his team box for at least one down
4. K, 4/6, K-28. Team K is in a scrimmage kick formation. Immediately after the snap, a kicker holds a receiver at the LOS. The punter kicks the ball. It is caught by a receiver at the 50 and returned to the K-45. Team R accepts the penalty.
   1. K, 4/16, K-18. Clock starts on the ready
   2. K, 4/16, K-18. Clock starts on the snap
   3. R, 1/10, K-35. Clock starts on the ready
   4. R, 1/10, K-35. Clock starts on the snap
   5. a or c
   6. a or d
5. Right guard A1 false starts. B2, lined up opposite A1 reacts to A1's movement by charging across the line and barreling into A1. A3 curses B2.
6. All of the penalties cancel.
7. Only the penalty for the false start is enforced.
8. The false start is enforced, the yardage for the other penalties offset,
9. All- Of the penalties are enforced in the order in which they occurred.
10. 2. Fourth and 15 at team K's 20 yardline. The snap flies over punter Kl's head and is grounded at team K’s five yardline when R2 intentionally kicks the ball into and out of team K's end zone.
11. If the penalty is accepted, it will be first and 10 from team K's 30 yardline:
12. If the penalty is accepted, it will be fourth and 10 from team ICs 20 yardline.
13. If the penalty is accepted, it will be fourth and five from team KS 30 yardline,
14. If the penalty is declined, it will be first and 10 for team K at its own 20 yardline.
15. 3. First and goal at team B’s 10 yardline. Quarterback A1 runs to team B's eight yardline, then retreats to team B's 15-yard line and throws a forward pass to A2, who is in team B’s end zone. A2 makes the catch. At no time are there team A ineligibles downfield.
16. Illegal forward pass; it will be second and goal from team 15-yard line.
17. Illegal forward pass; it will be second and goal from team B's 20-yard line.
18. Illegal forward pass; it Will be first and goal from team BS 15-yard (6-1-2line.
19. Legal pass; team A touchdown,
20. 4. Late in the game with the score tied, team K lines up to free kick. Kicker K1 places the ball at the right hash for an apparent onside kick. After the referee's ready-for-play signal, K2 picks up the ball, runs to the left hash at team K’s 35-yard line, places the ball there and kicks it.
21. No problem.
22. No problem as long as team K abides by all formation rules.
23. Foul. Once the ball has been placed, it may not be relocated unless there is a charged timeout.
24. K16 punts from the K-30. While the ball is in the air, R45 holds K23 at the 50. R29 catches the punt at the R-30 and returns it to the K-40. The penalty is accepted. (10-4-3)
25. Replay the down
26. R, 1/10, R-40
27. R, 1/10, R-20
28. During a legal scrimmage kick, a kicker commits a blind side block on a receiver beyond the expanded neutral zone. A receiver makes a valid fair catch. In order to retain the ball, the receiver must decline kicker’s foul.
29. True
30. False
31. A, 3/6, B-26. An offensive back is illegally in motion when the QB takes the snap and throws a pass to an eligible receiver. A defensive player intercepts the pass at the B-20 and returns it to the B-40. During the return, a defensive player blocks an offensive player below the waist at the B-32.
32. B, 1/10, B-17 if B declines A’s penalty
33. A, 1/10, B-16 if both penalties are accepted
34. A, 3/6, B-26 only if A accepts B’s penalty
35. The QB throws a pass which is intercepted beyond the line of scrimmage. During the runback, a B player blocks an A player in the back, and an A player grabs and releases the runner’s facemask.
36. Double foul; the down must be replayed
37. B can retain the ball if it declines A’s foul
38. K, 4/7, K-15. K is in a scrimmage kick formation. Immediately after the snap, the nose guard runs directly into the snapper. The punter runs to the K-18 and punts. A receiver catches the kick at the K-35 and is downed at the K-30.
39. R can retain possession by declining K’s foul. R, 1/10, 50-yard line
40. K can re-kick by declining R’s foul. K, 4/12, K-9
41. Fouls offset. R, 1/10, K-30
42. a or b
43. Replay the down
44. A, 3/5, A-27. An eligible receiver catches a legal forward pass at the A-37 and runs to the A-45, where he is tackled. During the run, an offensive player holds a defensive player at the A-40. ES is:
45. A-27
46. A-45
47. A-40
48. A, 3/5, A-27. An eligible receiver catches a legal forward pass at the A-37 and runs to the A-45, where he is tackled. During the pass, an offensive player holds a defensive player at the A-20. ES is: (10-4-2e)
49. A-27
50. A-45
51. A-20
52. A, 3/2, A-16. A legal forward pass is intercepted at the A-45; the intercepting player runs to the A-20, where he is tackled. During the run, a defensive player blocks an offensive player below the waist at the A-30. ES is:
53. N/A. Replay the down
54. A-16
55. A-30
56. A-20
57. K1’s kickoff rolls untouched toward the pylon on the left side of the field. The ball strikes the pylon.
58. Free kick out of bounds
59. Touchback
60. Team A ball at ½ yard line
61. Team A requests a rubber ball on second down after using a leather ball on first down.
62. Request denied
63. Allow replacement
64. OK if ordered by the Referee or other Game Official
65. Both A and C
66. The penalty for a player who is not properly equipped is to remove that player for at least one down.
67. True
68. False
69. Team A’s captain can requests a time-out prior to:
70. The designated representative making a penalty decision.
71. Deciding whether A will snap or free kick following a fair catch
72. Designating where the ball is to be spotted on the 3-yard line for a try.
73. Both B and C.
74. During the first quarter, A23 is noticed wearing pants that do not cover his knees.
75. Official timeout
76. A23 is removed until his pants are legal and cover the knees
77. A’s coach is penalized for his player with illegal equipment
78. All of the above
79. Both A and B
80. During the pregame inspection of the field, the officials note the placement of the pylons. They are placed at the inside corner of the sidelines and the goal lines and at the inside corner of the sidelines and the end lines. In addition, pylons are placed at the intersection of the hash marks extended and:
81. The end lines
82. 3 feet beyond the end lines
83. Either A or B
84. Failure to properly wear required equipment when the snap is imminent is a delay of game foul
85. True
86. False
87. If a player is injured and his team has fewer than 11 players, the game is immediately forfeited.
88. True
89. False
90. Phones and headsets may be used by players during a charged timeout when the sideline conference is used.
91. True
92. False
93. K is attempting a try. The placekick holder, with his knee on the ground, catches the snap and immediately passes the ball to the would-be kicker, who completes a pass to a receiver in B’s end zone.
    1. A scores 2 points
    2. The ball is dead when the placekick holder passes it to A16
    3. Illegal procedure; B can choose to replay the down
94. Team A elects to have the ball placed on the left hashmark after a touchback. Before the snap, a defensive player encroaches. After enforcement of the penalty:
    1. A may choose to have the ball moved to the middle of the field
    2. A must use a timeout to have the ball moved to the center
    3. The ball may not be moved after the penalty
95. A, 2/9, A-30. The runner fumbles at the A-38. The ball bounces high into the air when a defensive player leaps to control the ball. After controlling the ball in the air, he touches the sideline when he lands at the A-40.
    1. B, 1/10, A-40
    2. A, 1/10, A-40
    3. A, 3/1, A-38
96. K, 4/9, K-40. K10 kicks the ball and it comes to rest at the R-23. A kicker touches the ball and a receiver picks up the ball and runs to the R-47 where he is tackled.
    1. R, 1/10, R-47. Clock starts on the snap
    2. R, 1/10, R-47. Clock starts on the ready
    3. R, 1/10, R-23. Clock starts on the snap
    4. R, 1/10, R-23. Clock starts on the ready
97. If R34 makes a fair catch and is then tackled by K25, it is a dead-ball foul.
    1. True
    2. False
98. If an inadvertent whistle sounds but the penalty is accepted for a foul which occurred prior to whistle, the inadvertent whistle is ignored.
    1. True
    2. False
99. A, 4/20, K-15. K27 punts the ball and replaced player R76 is flagged for not getting off the field before the snap. R34 catches the punt and has his helmet pulled off by K84 on an attempted tackle. R34 remains standing and the whistle is blown. R55 then retaliates against K84.
    1. The whistle was inadvertent
    2. None of the fouls are enforced and the down is replayed.
    3. It will be Team K's ball 4/5 at the K-30
    4. Team K will have a first down at the K-30
100. Team A breaks its huddle, and all players come to a complete stop for three seconds. When the quarterback says, "Set," all players go into a three-point stance except guard A2. Back A3 starts in motion, after which A2 goes into his three-point stance. The ball is snapped two seconds later.
     1. False start
     2. Illegal shift
     3. Illegal motion
101. After a play ends inbounds, an official sees A1 has twisted his ankle. An official's timeout is declared. Within 20 seconds, A1 says he feels fine and wants to remain in the game. Team B is then granted a charged team timeout. May A1 remain in the game?
     1. Yes
     2. No
102. Runner A1 is running down the left sideline. He is met just short of the goal line by B1. Al 's body never gets to the plane of the goal line but, with his foot still touching the ground in the field of play, with the ball in his left hand, he breaks the plane of the goal line extended outside the sideline plane.
     1. Touchdown
     2. No Touchdown
103. During a charged team timeout, the coach of team A meets with his team on the sideline. All uniformed personnel are involved in the conference.
     1. Legal
     2. Illegal
104. RI makes a fair catch of a scrimmage kick at team K's 33 yardline. Team R chooses to attempt a free kick and a potential field goal. Is the ball snapped?
     1. Yes
     2. No
105. An official's timeout occurs:
     1. When a player appears to be injured.
     2. When the runner's helmet comes off.
     3. When either team scores a touchdown,
     4. When a first down is declared outside two minutes in the second and fourth quarters.
     5. Following a try.
106. Before the ready for play on a try, team K requests that the ball be placed at the left hashmark. The kick is unsuccessful beyond the endline. While the kick is in flight, RI is flagged for holding. Team K accepts the penalty and requests that the ball be placed in between the hashmarks.
     1. The request is granted.
     2. The request is denied.
107. When a team consumes time by failing to unpile quickly, the referee should:
     1. Stop the clock and enforce a 15-yard penalty for unsportsmanlike conduct.
     2. Stop the clock and enforce a five-yard penalty for delay.
     3. Stop the clock but enforce no yardage penalty.
108. Following a safety:
     1. Team K may punt the ball.
     2. Team K may dropkick the ball. c. Team K may have a player hold the ball in place on the ground for a placekick, d. Team K may use a tee for a placekick.
     3. All of the above.
109. The clock is running and team A is out of timeouts. A1 runs up to the referee and requests a timeout.
     1. The request is granted but team A will be penalized five yards for delay of the game.
     2. The request is granted but team A will be penalized 15 yards for unsportsmanlike conduct. The request is denied.
     3. The request is denied and team A will be penalized five yards for delay of game.
     4. The request is denied and team A will be penalized 15 yards for unsportsmanlike conduct.
     5. All of the above.
110. Fourth and 10 from team K's 25-yard line. R1 muffs a punt on team A's 40-yard line. K2 recovers the loose ball there and advances to team R's five yard line, where R3 makes the tackle while grabbing and twisting K2's facemask.
     1. K 1st and goal at R’s 2 1/2 -yard line
     2. K 1/10 at R’s 25-yard line
     3. K 1/10 at R’s 40-yard line
111. Fourth and three for team A from its own 27-yard line. A1 scrambles and is at team A’s 31-yard line when he throws a forward pass, While the pass is in flight, the covering official blows his whistle. What I Team A’s best option?
     1. Incomplete pass
     2. Replay the down
     3. Illegal forward pass
112. Fourth and 10 for team K from its own 20 yardline. At the snap, team K is flagged for an illegal formation. R1 catches the kick on the 50-yard line and advances to team K's 45-yard line, where his facemask is grabbed and twisted by K2. R1 fumbles and K3 recovers on team Kis 35-yard line.
     1. Penalize K’ illegal formation foul from the previous spot
     2. Penalize K’s illegal formation foul from the end of the run (K’s 45-yard line)
     3. Penalize K’s facemask foul from the end of the run (K’s 45-yard line)
     4. All three are proper enforcements and Team R can choose their best option
113. Third and 20 from team A's 10 yardline. A1 is under center when he takes the snap and throws a backward pass to fullback A2. Immediately upon receiving the pass, A2 gets off a quick kick. B3, who was blitzing on the play, takes two running steps and roughly knocks A2 to the ground.
     1. Roughing the kicker
     2. No foul
114. While airborne, A1and B2 get their hands on a pass. What is the ruling if B2 comes to the ground first?
     1. Completed pass to B2
     2. Completed pass to A1
115. Third and 3 from the Team B 14-yard line. B1 intercepts A2's pass in team B's end zone. While the pass was in flight, B3 held A4 at the line of scrimmage.
     1. B’s ball 1/10 at B’s 20-yard line
     2. B’s ball 1/10 at B’s 10-yard line
     3. A’s ball 1/10 at the B 7-yard line
116. During Al's run, A2 blocks an opponent in the back. A1 subsequently fumbles farther downfield and the ball is recovered downed by B3.
     1. If team B accepts the penalty, it will be team B’s ball 1/10 after enforcing the 10-yard penalty for the block in the back.
     2. If team B declines the penalty, it will be team B’s ball 1/10 at the spot where B3 recovered the fumble and was down.
117. While Al's pass is in flight, B2 curses Al. The pass is intercepted by B3, who is immediately downed.
     1. The interception stands as the penalty for unsportsmanlike conduct is enforced as a dead ball foul.
     2. If team A accepts the UNS penalty against B2, then the ball belongs to team A following the enforcement of the UNS penalty. Team B did not get the ball with “clean hands.”
118. Third and 10 from team A's 40 yardline. Al's pass is intercepted by B2 at team B's 30 yardline. Before B2 is downed at team A's 45 yardline, B3 blocks in the back.
     1. If the penalty is accepted, team A will get the ball back.
     2. If the penalty is accepted, team B will get the ball, 1/10 after the enforcement of the 10-yard penalty.
119. Third and 10 from team A's 40-yard line. Al's pass is intercepted by B2 at team B's 35-yard line. Before B2 is downed at team A's 45-yard line, B3 blocks in the back at team B's 40-yard line.
     1. B’s ball, 1/10 at the A 45-yard line
     2. B’s ball, 1/10 at the B 40-yard line
     3. B’s ball, 1/10 at the B 30-yard line
120. At the snap, team A is illegally in motion and Bl illegally uses his hands during his initial rush. A2's legal forward pass is intercepted by B3.
     1. The fouls offset and it will still be team A’s ball when we replay the down.
     2. Team B can keep the ball if it declines team A’s penalty.
121. Al is illegally in motion at the snap, and A2's pass is intercepted and advanced by B3. B4 clips during the runback.
     1. The fouls offset and it will still be team A’s ball when we replay the down.
     2. Team B can keep the ball if it declines team A’s penalty.
122. First and 10 on team B's 30 yardline. Team A is flagged for an illegal shift and Al's pass is intercepted in the end zone by B2. B3 clips in the end zone. B2 returns the ball for a touchdown.
     1. If team B decline team A’s penalty, the result would be a safety for fouling in the end zone.
     2. If team B accepts team A’ penalty, the result will be that the two penalties offset and the down will be replayed.
     3. Both A and B are correct and team B will most likely choose to have the penalties offset.
123. Fourth and 10 for team K from the 50-yard line. Team K is flagged for illegal formation. R1 fields the punt at his 14-yard line and returns it to his 35-yard line. While the kick is in flight beyond the expanded neutral zone, R2 clips at his 20-yard line.
124. Team R did not get the ball with clean hands so the penalties offset and down is replayed.
125. This is an example of Post Scrimmage Kick enforcement. Team R may keep the ball by declining team K’s foul. First and 10 for team R after enforcing the clipping penalty.
126. Third and 20 on team A’s 24-yard line. A1's legal forward pass falls to the ground untouched and incomplete at his 48-yard line. Before the pass was released, B2 was flagged for holding eligible tight end A3 at team A’s 32-yard line. The penalty is accepted.
127. The penalty is five yards only.
128. The penalty is five yards and an automatic first down.
129. The penalty is 10 yards only.
130. The penalty is 10 yards and an automatic first down,
131. Fourth and 10 at team K's 5-yard line. K1 is standing in his end zone when he punts. The ball crosses the neutral zone and strikes R2's helmet, The ball rebounds back into team K's end zone, Where K3 recovers and carries it to team K's 10-yard line.
132. The ball becomes dead when K3 recovers. Safety.
133. The ball becomes dead when K3 recovers. Touchback.
134. First and 10 for team K from its 10 yardline.
135. Since K3 didn't advance beyond the line to gain, it's first and goal for team R from team K's 10-yard line.
136. Third and five at team A's 30-yard line. The handoff goes to A1, who fumbles. The ball is in flight when A2 bats it forward and it goes out of bounds at team A’s 35-yard line.
137. No foul. The forward fumble out of bounds is returned to the yardline of the fumble, placed at the hash mark and the clock is wound by the referee.
138. Foul. The 10-yard penalty is enforced from the spot of the foul and includes loss of down,
139. Foul. The 10-yard penalty is enforced from the spot of the foul and the down is repeated.
140. Team A scores a touchdown on the first possession of an extra period, On the try, the opponent is flagged for roughing the kicker. The kick is successful.
141. The penalty is declined by rule,
142. Team A may accept the point and have the penalty enforced at the start of the opponent's overtime session.
143. Team A may choose to have the penalty enforced from the previous spot with the down repeated.
144. RI, standing underneath the goalpost, leaps and knocks down K2's field-goal attempt, The ball rolls out of bounds at team R's three yardline.
     1. The field goal is good.
     2. The field goal is no good. Touchback.
     3. The field goal is no good. Team R’s ball at the R 3-yard line
145. Fourth and nine from team R's 38-yard line. With no team R Player in a position to make a play, K2 catches K1's punt at team R's 3-yard line.
     1. No foul for KCI
     2. Kick Catch Interference
146. R1 dives in an effort to block a punt but misses. He slides on the ground and, when his slide ends, he is under the punter's kicking leg which is still in the air. As K2's leg returns to the ground, he accidentally steps on R1. K2 loses his balance but does not fall.
     1. Roughing the kicker
     2. Running into the kicker.
     3. No foul.
147. After giving up a safety, team A chooses to punt for the free kick. From where must the kick be made?
     1. From the team A 40-yard line just like a kickoff.
     2. From the team A 20-yard line
148. Second and seven at team B's 32 yardline, A1's pass is intercepted by B2, who is standing at his own 2-yard line. Before stationary B2 can take a step, he is contacted by the intended receiver A3 (still running full speed) and driven back into his own end zone where he is downed.
     1. Team B’s ball 1/10 at the 2-yard line.
     2. Team B’s ball 1/10 at the 20-yard line.
149. After the ball is ready for play and the center has made his final adjustment, Al and B2 are lined up in the neutral zone.
     1. False start offense
     2. Encroachment defense
     3. Encroachment offense and defense
150. A, 4/2, the nose of the ball touching the B-20. The QB throws a pass toward an eligible receiver that is incomplete at the B-15.
151. B, 1/10, B-20
152. B, 1/10, B-20 plus 11 inches
153. A, 4-2, B-20
154. K, 4/10, K-23. A legal scrimmage kick is blocked and rolls to the K-28. A receiver muffs the ball, which rolls to the K-20. A kicker picks up the ball and punts it again, and the ball rolls out of bounds at the K-45.
155. R, 1/10, K-20. The ball is dead when K32 recovers it
156. R, 1/10, K-15. Illegal kick and the ball is dead when K32 kicks it
157. R, 1/10, K-45. K32’s punt is legal
158. A, 3/6, A-40. The fullback runs around the right end to the A-44. During the tackle, a linebacker grabs the fullback’s facemask and releases it as he falls to the ground. After the play, the fullback swears at the

linebacker.

1. A, 3/16, A-30. Both penalties are assessed
2. A, 3/6, A-40. Penalties offset
3. A, 1/10, A-34. Both penalties are assessed
4. A, 4/12, A-34. Both penalties are assessed
5. To start the first overtime series, B23 intercepts a forward pass at the B-4 and his momentum carries him into the endzone. He then carries the ball out of the end zone and is tackled on the B-3.
6. Safety; two points for Team A
7. Team B's ball at the B-4
8. Team B's ball at the B-3
9. Team B puts the ball in play at the 25-yard line to start their series
10. B32 intercepts Team A's legal forward pass. He advances, fumbles, and the ball is recovered by A20 who is tackled inbounds.
11. The clock starts on the ready
12. The clock starts on the snap
13. The continuity of downs is broken and Team A has the ball first and 10
14. The down and distance depend on where A20 was tackled relative to the line to gain
15. A and C
16. B and C
17. A and D
18. B and D
19. Third and seven at the A-6. After the ball is dead following a gain to the A-10. B73 slugs A21 and then A56 slugs B73. After the ball is ready for play. Team A is flagged for violating the 25 second count
20. A56 and B73 are both ejected from the game
21. First down and 27 for Team A from the A-7
22. First and 10 for Team A from the A-7
23. First down and 15 for Team A from the A-7
24. Fourth down and eight for Team A from the A-5
25. A and B
26. A and C
27. A and D
28. A and E
29. A 2/5 at the A-25.  Team A leads 24-21, with 1:30 left in the fourth quarter.  A44 runs for 10 yards before being tackled at the A-36.  During A44’s run, A55 holds B1 at the A-22.
    1. A 2/15 at the A-15
    2. A 2/18 at the A-12
    3. Team B has the choice of starting the game clock on the snap.
    4. The clock will start on the ready for play – No choices
    5. Both A and C
    6. Both A and D
    7. Both B and C
    8. Both B and D
30. A 1/10 at the A-43.  A12 takes the snap and runs an option to this right. Guard A66 pulls and is leading the play. B55 blocks A66 below the waist at the A-42. A12 is driven out of bounds at the 50.
    1. A 1/10 at the B-35
    2. A 1/10 at the B-28
31. A 4/3 at the A-45. First possession series of Q1 in the D6 Section Final. Team A’s run is stopped short of the line-to-gain at the A-44. During the play A88 blocks B77 below the waist at the snap. At the snap A88 was on the line of scrimmage outside the free blocking zone and B77 was on the LOS inside the free blocking zone.
    1. B 1/10 at the A-44
    2. A 4/18 at the A-30
    3. Both A and B are options for Team B
32. A 2/3 at the B-12. B88 intercepts A12’s pass in the endzone and after attempting to advance. is tackled in the end zone. During B88’s run, B55 commits a blindside block (BSB) at the B-6.
    1. Safety. 2-points for Team A and Team B kicks off from the B-20.
    2. Touchback. Team B is penalized half the distance from the B-20. B 1/10 at the B-10.
    3. Touchback. Team B is penalized half the distance from the B-6. B 1/10 at the B-3.
33. A 3/12 at the A-37. A34 runs to the B-40, where he fumbles the ball forward and out of bounds at the B-35. Prior to the fumble A11 holds B84 at the B-38.
    1. A 1/10 at the B-45
    2. A 1/10 at the 50-yard line
34. A 2/6 at the A-8. Quarterback A7 muffs the shotgun snap and the ball rolls into A’s endzone. Running back A33 recovers the ball and advances to the A-2 where he is tackled. During A33’s run A66 blocks B55 below the waist in the endzone.
    1. Safety
    2. A 2/10 at the A-4
35. K 4/7 at the R-43. K5’s punt hits the ground at the R-2, where K88 bats the ball back towards his own endline to prevent the ball from entering Team R’s endzone. The kick is recovered by R33 at the R-5 and is returned to the R-25 where R33 is hit and fumbles the ball. K44 recovers the loose ball and runs across Team R’s goal line.  During the kick, R44 holds gunner K23 at the R-28.
    1. K 1/ 10 at the R-33
    2. Touchdown for Team K
    3. Replay the down.
36. K 4/7 at the K-30.  Punter 15 kicks the ball towards R1. R1 signals for a fair catch, misjudges the punt and lets the ball go over his head.  R1 then proceeds to block K1 at the R-35 to prevent A1 from downing the football. The ball bounces up off the turf and goes out of bounds R-37.
    1. No foul. R 1/10 at the R-37
    2. Illegal block. K 1/10 at K-40
    3. Illegal block. PSK enforcement. R 1/10 at R-20
37. K 4/10 at the K-10. 3Q with Team R leading 21-7. K4 shanks the punt with the ball landing very short. As the ball is rolling on the field at the K-26, with no Team R players attempting to recover the ball, K44 with disgust, kicks the loose ball out of bounds at the R-38 with the ball sailing across the track past Team K’s cheer team.
    1. Team R may decline the penalty for illegal kick, and choose not to take the ball at the spot of 1st touching, making it R 1/10 at the R-38
    2. Team R may decline the penalty for the illegal kick, and accept the ball at the spot of first touching. R 1/10 at the K-26.
    3. Team R may accept the penalty for an illegal kick and have the penalty enforced from the previous spot making it 4/15 at the K-5.
    4. Team R could accept the penalty for an illegal kick and enforce the penalty from the succeeding spot (K-38) R 1/10 at the K-28.
    5. Penalize K44 for Unsportsmanlike Conduct.
    6. All of the above
    7. All of the above except choice E
38. A 2/5 at the A-25. Team A is in a legal formation with all players set. Prior to the snap outside receiver A88 goes in motion from the A-23. A12 takes the hand-to-hand snap and tosses the ball backwards toward running back A33. A33 from the A-20 bats the ball forward to A88 at the A-23 who catches the ball in full stride.  A88 beats the defense to the outside for a long run eventually being tackled at the B-47.
    1. No foul.
    2. Illegal batting A 2/20 at the A-10, enforced from the spot of the foul.
    3. Illegal batting A 2/181/2 from the A-121/2
39. A 2/10 at the A-44. Prior to A12’s legal forward pass, A66 holds B55 at the A-42. A12’s pass is then intercepted by B97. B97 runs to the B-48 where he is hit and fumbles the ball. The loose ball is recovered by A44 who runs to the B-33 where he is tackled.
    1. 1/10 at the B-33
    2. A 2/20 at the A-34
    3. Both a and b are correct depending on Team B’s choice of the options.
40. A 3/23 at the B-49. A12 completes a legal forward pass to A88 at the B-45 where he is tackled inbounds. During the pass B44 grabs and restricts A88’s right arm at the B-47. After A12 throws the ball, B66 takes three full strides and tackles A12 at the A-45.
    1. If B accepts the penalty for defensive pass interference it will be A 3/8 at the B-34
    2. If B accepts the penalty for roughing the passer, it will be A 1/10 at the B-30
    3. Both are correct enforcements, but option B is the best option.
41. K 4/10 at the K-30. Late in the 4Q Team K leading 14 -7 with the game clock running. K66 holds R55 at the K-28 just before K4 gets off a booming punt that goes way over the head of the deepest receiver. The ball hits at the R-20 and bounces toward Team R’s goal line. The kick is eventually possessed by K22 at the R-6-yard line with no Team R players in vicinity of the ball. K22 advances the ball across Team R’s goal line. When the play is over there are 19 seconds remaining on the game clock.
    1. K 4/20 at the K-20.
    2. R 1/10 at the R-16.
    3. R 1/10 at the R-6.
    4. Any/all of the above
42. A 3/5 at the A-40. A12 takes the hand-to-hand snap and drops back to pass and is immediately under a heavy rush from blitzing linebacker B55. Guard A66 trips B55 at the A-38 to prevent A12 being sacked. A12 runs to his right and is tackled by DE B56 at the A-41.
    1. A 3/22 at the A-23
    2. A 4/4 at the A-41
    3. A 3/20 at the A-25
    4. Either B or C
    5. Either A or C
43. A 4/4 at the A-41. The result of the play is a run inbounds short of the line-to-gain. A66 commits a foul for tripping behind the LOS.
    1. A 4/19 at the A-26
    2. Team B must accept the foul.
44. K, 3/9, K-10. K quick-kicks from the K-5. The kick is short and is muffed by a receiver at the K25. The ball rolls to the K-8, where a kicker kicks it off the ground. The ball caroms off a receiver’s leg and goes out of bounds at the K-18.
    1. K, 4/1, K-18
    2. R, 1/10, K-18
    3. Illegal kicking. K, 3/15, K-4
    4. b or c
    5. a or b
45. At the ready on a kickoff, the kicking team has 5 players on either side of the kicker. After the ready, all players shift to the kicker’s left and an onside kick is attempted.
    1. Free kick infraction
    2. Encroachment
    3. Live ball foul
    4. Dead ball foul
    5. a and c
    6. a and d
46. During a legal punt, a kicker commits kick catch interference which causes the potential receiver to muff the kick. A receiver recovers the kick and time for the first quarter expires during the down.
47. The period will be extended for an untimed down under any circumstance
48. The period will be extended for an untimed down only if team R chooses to have a yardage penalty enforced or chooses an awarded fair catch at the spot of the kicker’s interference
49. The period cannot be extended for an untimed down under any circumstance
50. K, 4/7, K-29. A scrimmage kick is touched by a kicker at the K-40. A receiver picks up the loose ball at the K-45 and returns it to the K-33, where he is downed. During the runback, a receiver blocks a kicker in the back at the K-43. The Enforcement Spot is:
51. K-40
52. K-43
53. K-45
54. K-29
55. Team K's field goal attempt strikes K36 beyond the neutral zone at the R-13 and rolls into the end zone. R48 picks up the ball, tries to advance it out of the end zone but fumbles. The ball is recovered in the end zone by K75. (select all that apply)
56. Foul by Team K for touching the field goal attempt
57. Touchdown
58. First touching by K at the R13
59. The ball is dead as soon as it crosses the plane of the goal line
60. Team R's best option is to take the ball at the R-20 (touchback) rather than the spot of 1st touching (R13)
61. None of the above
62. A 4/10 at the A-6. Q4 with 4 seconds remaining and the game clock stopped. Team A leading 14-10. Team A is in a legal scrimmage kick formation. A11 muffs the snap. With the ball loose on the ground in the endzone, A11 kicks the loose ball out of the back of the endzone. The game clock expires during the down.
63. Safety and the quarter is extended for one play which will be the free kick following the safety.
64. Safety and the game is over.
65. A 1/goal at the B-3, in the first OT period. B33 intercepts the pass in his end zone and begins to return the ball. At the B-7, QB A1 blocks low against B77 who is lead blocking for B33. B33 is tackled at the B-12.
    * 1. B 1/10 at the 25-yard line.
      2. B 1/10 at the 12 1/2 – yard line.
66. A 1/G at the B-8. Team A is down by 7 with 0:04 seconds left on the game clock in the 4th quarter. QB A9 drops back and throws a pass to the back corner of the endzone where A80 completes the process of the catch for a TD. Just after the release of the pass, B99 misses tipping the pass and follows through hitting the passer in the facemask. Game clock expires on the play.
67. TD for Team A who has the option of enforcing the roughing the passer foul on the try or in overtime.
68. TD for Team A and enforcement of the roughing the passer foul must be on the try.
69. K 4/12 at the K-10. Team K is in a scrimmage kick formation and punts the ball to R18 who is in position to make the catch at the R-42 but gets bumped by K84 prior to the ball arriving. The ball touches K84 first at the R-42, and then R20 picks up the ball and runs to the K-40 yard line. Provide all options.
    * 1. R 1/10 at the R-42 yard line
      2. R 1/10 at the K-40 yard line
      3. K 4/17 at the K-5 yard line.
      4. R 1/10 at the K-43 yard line.
      5. All of the above
70. A, 3/9, A-40. An A team substitute enters the field and stops outside the numbers on his team’s side of the field. Before the snap, he goes in motion and is behind the QB at the snap.
    1. Illegal substitution
    2. Illegal participation
    3. Illegal formation
    4. Legal
71. A, 3/4, B-6. An offensive player receives a handoff at the B-8 and runs to the B-2 where he fumbles. The ball rolls into B’s end zone and then out of bounds.
72. A, 4/Goal, B-2
73. Safety
74. Touchback
75. A, 4/Goal, B-8. The QB’s pass is complete to an eligible receiver in B’s end zone. During the play, the receiver pushed off the free safety to give the receiver room to make the catch.
76. B, 1/10, B-23. Clock starts on the snap
77. A, touchdown
78. A, 4/Goal, B-23, Clock starts on the ready
79. A, 4/Goal, B-23, Clock starts on the snap
80. A, 2/10, A-40. The QB drops back to the A-30 and throws a pass that is caught by the tailback, an eligible receiver at the A-33. The tailback throws a forward pass downfield. At the B-23, a cornerback interferes with another eligible receiver, preventing a catch.
    1. Both the tailback and the cornerback have fouled; the penalties cancel
    2. The only foul on the play is defensive pass interference by the cornerback
    3. The only foul on the play is an illegal forward pass by the tailback
81. A, 1/10, A-44. The QB throws a screen pass toward the flanker, who is behind the neutral zone. The outside linebacker comes across the LOS and deflects the pass, which then goes beyond the neutral zone. An offensive lineman, who is blocking at the A-46, attempts to catch the pass and muffs it. The pass falls incomplete.
    * 1. A, 1/15, A-39. Illegal touching by the offensive lineman
      2. A, 1/25, A-29. Offensive pass interference by the offensive lineman
      3. A, 2/10, A-44. Incomplete pass
82. From behind the line of scrimmage, the QB throws a forward pass which is caught by A57 beyond the line of scrimmage. An eligible receiver is in the vicinity of A57. This is one of the five types of illegal forward passes.
    * 1. True
      2. False
83. First and goal at team B’s 10 yardline. Quarterback A1 runs to team B's eight yardline, then retreats to team B's 15-yard line and throws a forward pass to A2, who is in team B’s end zone. A2 makes the catch. At no time are there team A ineligibles downfield.
84. Illegal forward pass; it will be second and goal from team 15-yard line.
85. Illegal forward pass; it will be second and goal fromteam B's 20-yard line.
86. Illegal forward pass; it Will be first and goal from team BS 15-yard (6-1-2line.
87. Legal pass; team A touchdown,
88. The basic spot is the previous spot unless Rule 8-5-2c applies for a foul by A or B when the related run ends behind the line of scrimmage when there is no change of possession.
    1. True
    2. False
89. The jerseys of the home team shall all be the same dark color(s) that clearly contrasts with white.
90. True
91. False
92. The ball can have commercial advertising added to the surface of one of the panels.
93. True
94. False
95. A player or nonplayer can trip an opponent.
96. True
97. False

1. A player is no longer defenseless once the player's physical position and focus of concentration no longer makes the player especially vulnerable to injury.
2. True
3. False

1. A Team B player may use locked hands to ward off an opponent who is blocking him or attempting to block him.
2. True
3. False

1. A punt may be used as a free kick following a fair catch.
2. True
3. False

1. A foul is a rule infraction for which a penalty is prescribed.
2. True
3. False

1. Items that are attached to the tooth and mouth protector that do not serve a purpose and function in protecting the teeth or mouth will not be allowed starting in 2026.
2. True
3. False
4. Effective 2026, arm sleeves, whether attached to a shirt or unattached, manufactured to enhance contact with the football or opponent must meet the SFIA Specification at the time of manufacture.
5. True
6. False
7. Electronic audio or non-fixed video communication devices used to communicate with a player is not allowed during an outside 9-yard mark conference.
8. True
9. False

1. No player participating in the game will be allowed to wear any type of audio or video device in order to record or transmit audio or video.
2. True
3. False

1. When a forward fumble goes out of bounds or is ruled out of bounds between the goal lines, the ball shall be returned to the spot of the fumble.
2. True
3. False
4. It is illegal substitution to have 12 or more players participating at the snap or free kick.
   1. True
   2. False
5. The penalty for a chop block is 10 yards.
   1. True
   2. False
6. If R1 blocks K1's punt and just before R1 recovers in K's end zone, there is an inadvertent whistle, the down will be replayed.
7. True
8. False
9. Following a scrimmage kick by K1, the loose ball play ends when R1 touches the kick.
   1. True
   2. False
10. A player who is eligible at the start of the down remains eligible throughout the down.
    1. True
    2. False
11. Players are not required to wear knee pads.
    1. True
    2. False
12. A shift which is designed to cause B to encroach is a false start.
    1. True
    2. False
13. The team whose goal line is involved shall put the ball in play anywhere between the hash marks on its 25-yard line by a snap after a touchback and by a free kick after a safety.
    1. True
    2. False
14. On all free kicks, the game clock will start when the ball is marked ready-for-play.
    1. True
    2. False
15. A safety will be scored when an offensive player commits any foul for which the penalty is accepted, and enforcement is from a spot in his end zone.
    1. True
    2. False
16. Once the snapper puts his hands on the ball, players on the line of scrimmage and in between the ends are ineligible and remain ineligible.
    1. True
    2. False
17. The distance penalty for any foul cannot be declined.
    1. True
    2. False
18. A handed ball is not a pass.
    1. True
    2. False
19. A free kick may be recovered by K in R's end zone.
    1. True
    2. False
20. All dead-ball fouls are enforced in the order in which they occurred and always from the spot of the foul.
    1. True
    2. False
21. A backward pass ends when it is caught or recovered or is out of bounds.
    1. True
    2. False
22. When the ball becomes dead following a fourth down, the game clock must be stopped.
    1. True
    2. False
23. K is free-kicking the ball from the K's 40-yard line. Kicker K33 kicks the ball directly out of bounds at R's 20-yard line. What options are available to R?
24. Accept a 5-yard penalty from the previous spot and have K re-kick.
25. Accept a 5-yard penalty from the succeeding spot.
26. Put the ball in play in play at the inbounds spot 25 yards beyond the previous spot.
27. Decline the penalty and put the ball in play at the inbounds spot. R's ball first and 10 on R's 20-yard line.
28. All of the above.
29. K has fourth and 13 on K's 2-yard line. R1 catches the punt at K's 42-yard line and returns the ball to K's 15-yard line. During R's punt return, R24 commits an illegal blindside block at K's 28-yard line. What will be the result after enforcement of the foul?
30. K's ball first and 10 on K's 17-yard line.
31. R's ball first and 10 on K's 30-yard line.
32. R's ball first and 10 on K's 43-yard line.
33. R's ball first and 10 on K's 25-yard line
34. A has first and 10 on A's 35-yard line. A5 runs the ball to A's 36-yard line where he is tackled by the face mask by B6. Where will the ball next be snapped from?
35. A, first and 10 on the 50-yard line.
36. A, first and 10 on B's 49-yard line.
37. A, first and 10 on A's 45-yard line.
38. None of the above.
39. A has first and 10 on A's 36-yard line. A15 receives the snap and leaves the lateral boundary of the free blocking zone. While under pressure at A's 22-yard line, A15 throws the ball out of bounds, short of the line of scrimmage, with no eligible receivers in the area. Where will the ball next be snapped from?
40. Legal play. A, second and 10 on A's 36-yard line.
41. Intentional grounding. A, second and 29 on A's 17-yard line.
42. Intentional grounding. A, first and 29 on A's 17-yard line.
43. Intentional grounding. A, second and 15 on A's 31-yard line.
44. A has second and 10 on B's 45-yard line. B substitutes prior to the snap. B has 12 players on the field. B40 is attempting to leave the field and does not reach the sideline prior to the snap. A22 runs to B's 30-yard line. What are the penalty enforcement options for A?
45. Decline the penalty. A's ball first and 10 on B's 30-yard line.
46. Accept the penalty. A's ball first and 10 on B's 40-yard line.
47. Accept the penalty. A's ball first and 10 on B's 25-yard line.
48. Both A and B
49. Both A and C
50. Contacting the opponent's face mask with the hand is not a face-mask foul unless the face mask is grasped.
    1. True
    2. False