**SDCFOA 2022 Rules Summer Study Guide**

**KEYS**

Team A or Team B is designated as **A or B**

Team A or Team B's 45 yard-lines, example: **A-45** or **B-45**

Player A or B's number is 40, example:  **A40 or B40**

Second down and 6 yards to go for A at the B 23 yard-line, example: **A, 2/6, B-23**

The Kicking or Receiving teams are designated as **K** or **R**

Team K or Team R's 45 yard-lines, example: **K-45** or **R-45**

Player K or R's number is 65, example:  **K65 or R65**

Fourth down and 12 yards to go for K at the R 45 yard-line, example: **K, 4/12, R-45**

**BBW** block or blocking below the waist **LOS** line of scrimmage

**BIB** block in the back **NZ**  neutral zone

**BSB** blind side block **OB / IB** out of bounds/ in bounds

**DNA** does not apply **OPI** / **DPI** offensive / defensive pass interference **ENZ** expanded neutral zone **PF** personal foul

**ES** enforcement spot **PSK** post-scrimmage kick

**EXC** exception **QB** quarterback

**EZ** end zone **REF**, **U**, **HL, etc** standard designations

**FBZ** free blocking zone **SKF** scrimmage kick formation

**HC** head coach **SS** succeeding spot

**KCI** kick catch interference **UC** unsportsmanlike conduct

Note: In all cases, the offended team has the option of declining the distance/penalty yardage. We do not consider that option in the answers in this exam. But we want you to always know, that option may be applicable.

1. A, 2/10, B-37. A12’s legal forward pass is intercepted by B45 at the B-3, and his momentum takes him into his EZ, where he takes a knee. (8-5-2a EXC)

 a. Safety for A

 b. Touchback

 c. Momentum applies; B, 1/10, B-3

 ANSWER: c

 FOCUS: Momentum rule.

2. A, 3/17, A-10. To avoid an official, B57 **intentionally** goes out of bounds at the A-15. B57 returns in bounds at the A-20 and tackles the runner at the A-23. (9-6-2, Penalty; 9.6.1A)

 a. Legal play

 b. Illegal participation; 15 yds; ES A-15

 c. Illegal participation; 15 yds; ES A-20

 d. Illegal participation; 15 yds; ES A-23

 ANSWER: d

 FOCUS: This situation is a live-ball foul; running play; Enforcement Spot (ES) end of the run.

3. Offensive lineman A66 contacts defensive player (linebacker) B53 at the line of scrimmage and, with continuous contact, A66 drives B53 back 5 yards beyond the line of scrimmage at the left hash, when QB A11 throws a legal forward pass to eligible receiver A32, also near the left hash, beyond the line of scrimmage. (7-5-12; 7-5-10; 7-5-11b, 7-5-11c)

 a. Legal play

 b. Offensive pass interference

 c. Ineligible player downfield

 d. Both b and c

 ANSWER: d

 FOCUS: Ineligible downfield criteria; ineligible A player cannot be beyond the ENZ even if in continuous contact. OPI applies as the blocking downfield is in the area of the receiver and potentially prohibiting the LB from making a play. Note: 7-5-11-c EXC applies only to DPI.

4. K, 4/5, K-10. During K’s legal scrimmage kick, K69 holds R14 at the K-15. The kick is caught by R22 at the K-40 and returned to the K-35, where R22 fumbles. R45 recovers at the K-30 and is down. To retain possession, R must decline enforcement of K69’s foul. (10-5-1j; 10-4-2 EXC)

 a. True

 b. False

 ANSWER: b

 FOCUS: K will not be next to put the ball in play so R may have the penalty enforced from the SS. It will be R’s ball 1/10 at K-20.

5. K, 3/7, R-30. K22’s field goal attempt is blocked behind the LOS and recovered by K16 at the R-35. K16 advances into R’s EZ. (6-2-3)

 a. The ball was dead when K16 recovered it. R, 1/10, R-35

 b. The ball was dead when K16 recovered it. K, 4/12, R-35

 c. K touchdown

 ANSWER: c

 FOCUS: Any K player may catch or recover a scrimmage kick while it is in or behind the NZ and advance, unless it is during a try.

6. A, 2/goal, B-5. A3 sweeps right end. At the B-2, A3 dives and crosses the goal line airborne. He continues to hold the ball as the ball crosses the goal line extended, and he lands OB. (2-26-3; 4-3-3; 2019 S & I, p 132)

 a. Touchdown

 b. A, 3/goal, where the ball broke the sideline plane prior to crossing the goal line extended.

 ANSWER: b

 FOCUS: The goal line includes the extension beyond the sidelines only if the ball is in a runner’s possession and the runner is *touching* IB.

7. A, 3/9, A-8. At the A-6, QB A3 pitches the ball backwards to A18 at the A-2. At the A-4, B89 bats the pass into the end zone, where A18 recovers it and is down. (8-5-1a; 8-5-2b; 9-7-2)

 a. Touchback

 b. Safety

 c. A, 1/10, A-18

 d. A, 3/3, A-14

 e. A, 3/2, A-15

 ANSWER: b

 FOCUS: There is no foul for illegal batting, as the pass was still in flight when it was batted. The force which put the ball into the EZ is A3’s backward pass; B89 did not supply a new force.

8. A, 2/13, A-20. Running down the sideline during a pass play, the line judge unintentionally collides with a Team A assistant coach in the restricted area. (9-4-8 Pen)

 a. Team A is penalized 15 yards from the subsequent spot for illegal personal contact

 b. For a second such offense by any nonplayer, the penalty is 15 yards from the SS

 c. For a second such offense by any nonplayer, the head coach is ejected

 d. All the above

 e. a and b only

 ANSWER: d

 FOCUS: Penalties for such unintentional contact.

9. Players may not wear the number “0” as a jersey number. (1-4-3)

 a. True

 b. False

 ANSWER: b

 FOCUS: New rule. The number “0” is legal; any number preceded by the digit zero such as “07” or “00” is illegal.

10. A, 2/11, B-35. A83 and B19 are side-by-side at the B-30 when B19 grabs A83. A83 is able to pull away from B19 and runs to the B-35, when QB A9 throws a legal forward pass toward A83. The pass is incomplete. (9-2-3d; 9.2.3A)

 a. DPI. A, 1/10, B-20

 b. Holding. A, 2/1, B-25

 c. Holding on an eligible receiver during a legal forward pass play in which the pass crosses the neutral zone. A, 1/10, B-25

 d. No foul. A, 3/11, B-35

 ANSWER: b

 FOCUS: When a receiver is no longer a potential blocker—when he is on the same yard line as the defender, or after the receiver has made a cut away from the defender. If the holding occurs after a legal forward pass which crosses the NZ is in flight and the pass is in the vicinity of the contact, it’s DPI.

11. A, 3/20, B-40. B99 rushes QB A11 and strikes him in the face just after A11 has released a pass to A81, who catches the ball at the B-30. A81 fumbles the ball at the B-24; it is recovered by A84 at the B-33. (9-4-4; 9-4 Pen)

 a. A, 3/5, B-25

 b. A, 1/10, B-25

 c. A, 1/10, B-12

 d. A, 1/10, B-18

 ANSWER: d

 FOCUS: A passer continues to be a passer until the legal forward pass has ended or until the passer moves to participate in the play. For roughing the passer, the last spot A possesses the ball is the ES for the tack-on penalty.

12. K, 4/6, K-17. During a legal scrimmage kick, R56 runs into kicker K18 at the K-6. The kick is caught by R32 at the K-40 and run back to the R-25. K accepts the penalty. (10-4-3; 2-16-2h; 10-4-2 EXC; 10-4-2b)

 a. K, 4/1, K-22

 b. K, 4/12, K-11

 c. R, 1/10, R-45

 d. R, 1/10, R-30

 ANSWER: a

 FOCUS: ES is the previous spot for a foul by R during a loose-ball play. This is not a PSK situation or one in which R retains possession with the penalty tacked-on.

13. A, 2/7, A-41. Team A is the home team. The down marker erroneously shows third down during the down. A23 runs to the A-45, where he is downed. The down marker shows fourth down. After the ball is then snapped, A11 is tackled behind the line of scrimmage, and the ball goes over to the visiting team on downs. Prior to the visiting team snapping the ball on its first down, the home team head coach points out the down error to the REF. It is too late to correct the down, and the visiting team has possession. (5-1-1b; 5.1.1A; 5.1.1B)

 a. True

 b. False

 ANSWER: b

 FOCUS: The REF may correct the number of the next down prior to the ball becoming live after a new series of downs is awarded and prior to the declaration of the end of any period.

14. A, 1/goal, B-5. Eligible receiver A83 is running a pass route in the end zone. After A83 has gone past B90, B90 pushes A83 to the ground. As A83 goes to the ground, A12 throws a legal forward pass from the B-14 into the area A83 was running to. Then, at the LOS, B55 tips the pass, and it falls incomplete in the end zone. (7-5-9c; 9-2-3d)

 a. Defensive pass interference by B90

 b. No DPI, as the ball was tipped by B55, ending pass interference restrictions on B players

 c. Illegal use of hands by B90

 d. Both b & c

 ANSWER: d

 FOCUS: DPI restrictions on a legal forward pass end for B players when the pass has been touched by any player. Touching doesn’t retroactively make legal an act which was illegal before the touching.

15. K, 4/3, K-30. K’s legal scrimmage kick is touched by R62 at the K-35 and rebounds into K’s backfield. K47 recovers the kick at the K-27 and advances to the K-32. (6-2-3; 5-1-3f)

 a. R, 1/10, K-32

 b. R, 1/10, K-27

 c. R, 1/10, K-35; first touching

 d. K, 1/10, K-32

 ANSWER: d

 FOCUS: A legal scrimmage kick, touched by R beyond the NZ, may be recovered by K behind the NZ and advanced. It is a first down for K whether K makes the line to gain. Regardless of the down or where the kick is recovered, a new series is awarded to the team in possession at the end of the down if R is first to touch a scrimmage kick while the kick is beyond the expanded NZ.

16. K, 4/10, K-5. K had 5 players in the backfield at the snap. K’s punt is caught at the K-50 by R83 and run back to the K-20. During the runback, R77 illegally holds K62 at the K-30. (10-2-1c; 10-2-2)

 a. If R accepts the penalty for K’s foul, it’s a double foul; replay the down

 b. R can retain possession if R declines the penalty for K’s foul. ES for R’s penalty is the K-50

 c. R can retain possession if R declines the penalty for K’s foul. ES for R’s penalty is the K-30

 d. a and b

 e. a and c

 ANSWER: e

 FOCUS: Double-foul procedure; clean hands principle.

17. A, 3/3, A-14. From the A-7, A12 throws a legal forward pass which is caught by A89 at the A-16 and is immediately tackled. As A12 was throwing the ball, B47 grabs and immediately releases A12’s facemask. (9-4-4; 9-4-3; 2-32-11)

 a. Five-yard facemask; A, 1/10, A-21

 b. Five-yard facemask; A, 1/10, A-19

 c. Roughing the passer; A, 1/10, A-31

 d. Roughing the passer; A, 1/10, A-29

 ANSWER: b

 FOCUS: A five-yard facemask foul does not constitute roughing the passer and is not a tack-on foul.

18. A, 4/15, A-10. The score is A 27, B 26, with 24 seconds remaining in the fourth quarter; the clock is running. The back judge raises his hand and offensive lineman A67 false-starts with 20 seconds remaining. After the penalty is imposed, the REF marks the ball ready for play and starts the clock. Time in the fourth quarter runs out before the offense puts the ball in play. (3-4-7)

 a. The game is over

 b. The REF should have asked the B coach if he wanted the game clock to start on the snap. If the B coach chooses to start the game clock on the snap, it is A, 4/20, A-5, 20 seconds remaining; the game clock starts on the snap.

 ANSWER: b

 FOCUS: When a team attempts to conserve or consume time illegally, the REF shall order the clock started or stopped. Additionally, when there are fewer than two minutes remaining in a half, the offended team of any foul will have the option to start the game clock on the snap when it would have normally started on the ready for play.

19. During the pregame conference, the home team head coach verified all his players were legally equipped. During a play in the first quarter, an official sees home team players 83 is not wearing any knee pads. (1-5-1d-(2); 1-5-5

 a. UC foul on the home team head coach for allowing a player to participate without wearing required equipment

 b. UC foul on home team player 83 for not wearing required equipment

 c. No foul. Player 83 must be replaced for at least one down, unless halftime or an overtime intermission occurs

 d. Both a and b

 ANSWER: c

 FOCUS: When any required player equipment is missing or worn improperly, the “penalty” is simply removal for at least one play until the equipment is corrected.

20. Between downs, an official sees player A9 is not wearing hip pads. (1-5-1d (1); 1-5-3; 9-9; 9-8-1h)

 a. The official calls an official’s timeout, and the offending player is required to leave the game for at least one down and cannot return until he is legally equipped

 b. 15-yard unsportsmanlike foul charged to the A HC if during the pre-game conference, the HC has verified all his players are legally equipped. The player must leave the field until he is legally equipped

 c. 5-yard non-contact foul charged to the player

 ANSWER: a

 FOCUS: A9 is missing required equipment; he is not wearing illegal equipment. UC fouls on the HC apply to players wearing illegal equipment—long spikes, tear-away jerseys, adornment, hard pads/braces not properly padded, sticky substances, extra-short “illegal” jerseys, etc. The requirement to properly wear mandatory equipment v. the failure to wear mandatory equipment; no provision in the Rules for a warning prior to enforcing the rule. See *2018 Simplified & Illustrated*, pp. 15-16, Pt. 2, 2018 NFHS Points of Emphasis, “Proper Wearing and Use of Required Equipment.”

21. During the pregame conference, the home team head coach verified all his players were legally equipped. During a play in the first quarter, an official sees home team player 83 is wearing a blue towel with two manufacturer’s logos; while other home team players are wearing white towels. (1-5-3a-5(a); 9-8-1h)

 a. UC foul on the home team head coach for allowing a player to use illegal equipment

 b. UC foul on home team player 83 for wearing illegal equipment

 c. No foul. Player 83 must be replaced for at least one down, unless halftime or an overtime intermission occurs

 d. Both a and b

 ANSWER: a

 FOCUS: When a player wears illegal equipment, the penalty is a UC on the player’s head coach.

22. Kickoff. The kicked ball is rolling on the ground and going to die inbounds. An R player, who had inadvertently stepped out of bounds and remained there, reaches in and possesses the ball. (6-1-9; 6-1-9 Pen; 6.1.9C)

 a. R can request a re-kick after enforcement of a 5-yard penalty from the previous spot

 b. R can accept a 5-yard penalty from the SS

 c. R can put the ball in play at the inbounds spot 25 yards beyond the previous spot

 d. R can decline the penalty and put the ball in play at the inbounds spot

 e. All the above

 f. None of the above

 ANSWER: e

 FOCUS: R was out of bounds when the ball was touched, therefore, K caused the ball to be OB; foul by K. Recent rule change allows for R to retain the ball, with tack-on, after a K foul during a free kick.

23. B12 enters the field to substitute for B15. B15 attempts to leave the field but hasn’t gotten across his sideline when A snaps the ball, and the LJ throws a flag. The play results in a TD for A. After the LJ reports the foul to the R, the R immediately signals the penalty is declined and then signals a TD. (8-2-2)

 a. Correct

 b. Incorrect

 ANSWER: b

 FOCUS: On a TD scoring play which would be followed by a kickoff, a penalty by B can be enforced on the try or the kickoff.

24. A, 2/8, A-30. At the A-20, QB A-6 throws a screen pass to A12. At the A-28, A12 muffs the ball, and the pass travels to the A-35, where A65 catches it and is downed immediately. (7-5-12; 7-5-13)

 a. Legal play

 b. Ineligible offensive player down field

 c. Illegal touching

 d. b and c

 ANSWER: d

 FOCUS: Pass restrictions for A end when a pass is touched by B, not A. On a pass which crosses the neutral

 zone, touching by A does not make ineligible receivers eligible.

25. A, 4/35, A-12. Team A is properly lined up for a punt. A56’s bad snap goes into A’s end zone, where A14 bats the ball backward over the end line. Time for the first quarter expires during the play. Safety by result and by penalty.

 (3-3-4b5; 8-5-1a; 8-5-2b; 8-5-2c; 9-7-2; 10.5.4; 10.5.3C; 10.5.4B)

 a. The safety causes the quarter to be extended, and A will free kick from its old A-20

 b. The safety does not cause the quarter to be extended. The teams switch sides; A will free kick from its new A-20

 c. If B accepts A’s penalty for the batting foul, the penalty against A is imposed on the free kick.

 ANSWER: b

 FOCUS: Carryover penalty; quarter change procedure. Procedure after safety during the last timed down of the 1st or 3rd period; extending a period, or not. In this situation, the result is the same, whether the penalty is accepted or declined. The penalty yardage is not tacked on as this is not a scrimmage kick down.

26. A, 3/24, A-30. A83 attempts to catch a legal forward pass at the A-37. The pass is too high and has flown over his head. B92 takes aim and uses his shoulder to forcibly contact the airborne and defenseless receiver. (2-32-16; 9-4-3g)

 a. Legal play

 b. Personal foul

 ANSWER: b

 FOCUS: It is a PF to contact a defenseless player in an unnecessary or excessive way.

27. K36’s free kick is muffed by R11 at the R-15 and rolling to the R-10, where R11 panics and kicks the ball through his end zone and beyond the end line. If K accepts the penalty, the ES is the (2-13-2; 8-5-1; 8-5-2b; 10-3-1; 8.5.3B)

 a. Previous spot

 b. Spot of the foul

 c. R-20

ANSWER: a

 FOCUS: Force is not a consideration on kicks going into R’s EZ since these kicks are always a touchback regardless of who supplied the force. ES for a foul by R during a free kick (loose ball play).

28. During an attempted pass play, QB A2 is tackled behind the line of scrimmage. During the play, eligible receiver A86 is held beyond the line of scrimmage by B85. The ES is the (10-3-2; 10-4-4)

 a. End of the run

 b. Previous spot

 c. Spot of the foul

 ANSWER: a

 FOCUS: Enforcement spot for a running play.

29. A, 3/3, A-24. A6 completes a legal forward pass to A88 at the A-39 near the A sideline, where A88 is immediately downed. Immediately following the snap, on the other side of the field, as receiver A15 attempts to begin his pass route, B45 grabs and restricts A15 at the A-27. (7-5-11c)

 a. Legal play

 b. DPI foul by B45

 c. Holding foul by B45

 ANSWER: c

 FOCUS: Foul/contact away from the direction of the pass is not DPI but may be illegal use of hands, holding or PF.

30. K, Try, B-3. With no time left on the clock in the fourth quarter, K6’s kick try is good for 1 point, tying the game. R63 is called for roughing the kicker. (10-5-1d, 8-3-5)

 a. K, Try, R-1&1/2

 b. K retains the 1 point, penalize R to start the overtime period

 c. a or b

 d. None of the above

 ANSWER: c

 FOCUS: Foul by R during a successful try; K may replay and penalize on the try or accept the result of the try and enforce from the succeeding spot.

31. A, 3/7, A-33. QB A9 drops back to pass. Guard A67 advances to the A-35 without contacting a team B lineman. A9 passes complete to A89 at the A-41. (7-5-12; 7.5.12A)

 a. A67 foul, ineligible player downfield

 b. Legal play

 ANSWER: b

 FOCUS: Point of Emphasis re recent rule change. In order to be legally downfield in the two-yard expanded NZ, an ineligible Team A player does not have to be in contact with a Team B lineman nor does the ineligible Team A player have to be downfield when the pass is in flight. To constitute a foul, the ineligible lineman must be clearly beyond the expanded NZ at some point *before* the pass is in flight.

32. K, 4/14, K-30. K18 attempts to punt from the K-22, but the punt is blocked at the K-24. The ball falls to the ground, and K53 intentionally kicks the ball while it is rolling on the ground at the K-20. The ball travels to the 50-yard line, where R33 recovers it and is tackled immediately. If R accepts the penalty, it is (2-24-8; 6-2-1; 9-7-1; 10-4-2, EXC)

 a.  K, 4/34, K-10
b.  R, 1/10, K-10
c.  K, 4/24, K-20
d.  R, 1/10, K-40
e. a or d

 ANSWER: e

 FOCUS: Definition of illegal kicking; spot foul if behind the previous spot; 10-4-2 EXC (tack-on foul).

33. Team A fouls. The B captain is the only player permitted to make a decision regarding whether to decline the penalty. (1-4-1; 1-4-4; 2-32-5; 3-5-2; 10-1-1; 10-1-2; 10-2-4)

 a. True

 b. False

 ANSWER: b

 FOCUS: Recent rule change. Prior to the game, the head coach will notify the REF of the designated representative (coach or player) who will make decisions re penalty acceptance or declination.

34. Legal blocking below the waist requires the block to begin immediately after the snap. (2-17-2c; 2-17-4)

 a. True

 b. False

 ANSWER: a

 FOCUS: Recent rule change. It is no longer the rule that an offensive lineman can delay and then block below the waist if the ball is still in the zone.

35. K, 4/12, K-20. With 8 seconds left in the first quarter and the clock running, Team K is facing a strong wind and K58 commits a false start foul. The REF deems Team K tried to consume time by fouling so the period would end before Team K had to kick into the wind. After administering the penalty, the game clock starts on the (3-4-6)

 a. ready for play

 b. snap

 ANSWER: b

 FOCUS: Timing options when a team attempts to conserve or consume time illegally.

36. Legal blocking in the back requires the block to begin immediately after the snap. (2-17-3)

 a. True

 b. False

 ANSWER b

 FOCUS: BIB continues to be legal in the FBZ by offensive lineman who are on the LOS and in the FBZ at the snap, against defensive players who are in the FBZ at the snap, the contact is in the FBZ, and the ball has not left the FBZ.

37. K, 4/6, R-40. K82 makes a legal scrimmage kick which is caught by R19 at the R-6 and run back to the R-36. During the kick, R75 held K42 at the R-20. (2-16-2h; 10-4-3)

 a. K, 1/10, R-30

 b. R, 1/10, R-3

 c. R, 1/10, R-10

 d. R, 1/10, R-26

 ANSWER: b

 FOCUS: PSK enforcement from the end of the kick.

38. A, try, B-3. Team A is in a swinging gate formation. Of the 7 team A players on the LOS, 4 players are numbered 50-79. Team A then shifts into a scrimmage kick formation, and the ball is snapped. (2-14-2; 7-2-5b EXC)

 a. Legal play

 b. Illegal formation

 ANSWER: a

 FOCUS: The numbering exception applies to the position and numbering at the snap.

39. While running downfield on his pass route, A87 intentionally runs out of bounds to avoid a defender. A87 runs 5 yards out of bounds, returns inbounds and continues downfield. A87 then catches a legal forward pass and is downed after running 10 yards with the ball. (9-6-1; 9-6-2; 9.6.1A, Comment)

 a. Illegal participation; 15-yard penalty; ES is the previous spot

 b. Illegal participation; 15-yard penalty; ES is spot A87 went out of bounds

 c. Illegal participation; 15-yard penalty; ES is spot A87 returned inbounds

 d. Illegal participation; 15-yard penalty; ES is end of the run

 ANSWER: a

 FOCUS: Illegal participation occurs when the player reenters the field, which is the spot of the foul; and the penalty is enforced at the basic spot. The basic spot for a foul during a loose-ball play is the previous spot.

40. A, 4/goal, B11. A33 is in the air in the end zone when he possesses a legal forward pass. He is contacted by a defender and pushed into the field of play. A33 completes the catch when he lands on his feet at the B3, and he runs to the B1, where he is tackled. (2-34-1; 2-4-1; 2-15-2; 2.15.2)

 a. B, 1/10, B1

 b. A touchdown

 c. B, 1/10, B3

 ANSWER: b

 FOCUS: Forward progress when an airborne player, who makes a catch, is contacted by a defender.

41. A, 3/goal, B-6. A34 is running with the ball toward B’s goal line. At the B-4, B46 punches the ball from A34’s grasp, and the ball flies forward into B’s EZ, where B recovers it. (9-7-4; 8-5-1; 8-5-3c; 2-18)

 a. Illegal batting; if A accepts the penalty, A, 3/goal, B-2.

 b. Team A safety

 c. Touchback; B, 1/10, B-20

 ANSWER: c

 FOCUS: Though the batting of the ball caused the ball to come loose, the batting was not illegal. The fumble was the force which sent the ball across the end line where it became dead, resulting in a touchback.

42. Hurdling is an attempt by a player to jump with one or both feet or knees foremost over an opponent who is contacting the ground with no part of his body except one or both feet. Contact is required to constitute hurdling. (2-22; 9-4-3d)

 a. True

 b. False

 ANSWER: b

 FOCUS: Contact is not required to constitute a hurdling foul.

43. K, 4/8, K 9.  4th Q, 0:14 remaining, clock stopped as R uses final timeout.  K leads 20-16.  K is in a scrimmage kick formation. Punter K22 receives the snap in his end zone.  K22 runs around in his EZ while lineman K56 holds R67 at the K-8.  After time expires, K22 steps out of the back of the end zone. (3-3-4b-5;10-3)

 a. The game is over

 b. The holding penalty is enforced, and the period is extended for one untimed down.

 c. The ES is the spot of the foul, the K-8.

 d. Both b and c

 ANSWER: a

 FOCUS: The result of the play is a safety, and the ES is the end of the run, in the EZ, also resulting in a safety. The period cannot be extended if the foul is accepted because a period is not extended if during a down in which time expires, there was a foul by either team and the penalty is accepted for fouls for which enforcement, by rule, result in a safety. The game is over.

44. K, 4/6, R-45. K’s legal scrimmage kick is rolling untouched at the R-4. K87 is about to down the kick when R3 kicks the ball to stop K87 from recovering the ball. The ball goes into R’s EZ, where it is recovered by R3. K accepts the penalty for R’s foul. (9-7-1; 2-16-2h; 10-4-3; 9.7.4B; 10.4.3C)

 a. Team K safety

 b. Touchback; R, 1/10, R-20

 c. R, 1/10, R-2

 d. R, 1/10, R-4

 ANSWER: c

 FOCUS: Penalty for illegal kicking; PSK; Result of the play is a touchback. The basic spot is the 20-yardline and the spot of the foul by R is the 4-yard line which is behind the basic spot. The penalty is enforced from the spot of the foul.

45. A, try, B-3. Team A attempts a two-point try. QB A7’s pass is intercepted at the B-5 and run back for what would be a touchdown. (8-3-3; 4-2-2i)

 a. One point for B

 b. Two points for B

 c. The ball is dead when it is intercepted, and B scores no points

 ANSWER: c

 FOCUS: B cannot score during a try.

46. The following is illegal equipment. (1-5-3a-5a; 1-5-3c-3; 1-5-3c-4)

 a. Eye shade (grease or no-glare strips or stickers) that is not a solid stroke or includes words, numbers, logos or other symbols

 b. A solid-colored towel that has 2 visible manufacturer’s logos or trademarks

 c. Different-colored towels worn by players of the same team

 d. Slightly tinted eye shield attached to the helmet

 e. All the above

 ANSWER: e

 FOCUS: Examples of illegal equipment often improperly permitted by officials.

47. A, 4/9, A-30. During a run by A23 to the A-37, B75 commits an incidental face mask foul at the A-35. After the play ends, the Team A HC swears at the LJ. (10-4-5; 10.4.5B)

 a. Double foul, replay the down; A, 4/9, A-30

 b. Fouls offset; B, 1/10, A-37

 c. Both penalties are administered; A, 1/10, A-27

 d. Both penalties are administered; B, 1/10, A-27

 ANSWER: c

 FOCUS: A dead-ball foul is not coupled with a live-ball foul to create a double foul or another dead-ball foul to create a double or a multiple foul. The incidental face mask penalty is enforced 5-yard from the end of the run to the A-42 yardline which is beyond the line to gain resulting in a first down for Team A. The nonplayer or UC foul is penalized from the A-42, and the chains are set 1/10 Team A, A-27.

48. A, 4/1, A-40. During a run by A23 to the A-44, B75 commits an incidental face mask foul at the A-42. During the run, the Team A HC swears at the LJ. (10-4-5; 10.4.5B)

 a. Double foul, replay the down; A, 4/1, A-40

 b. Fouls offset; B, 1/10, A-44

 c. Both penalties are administered; A, 1/10, A-34

 d. Both penalties are administered; B, 1/10, A-34

 ANSWER: c

 FOCUS: A dead-ball foul is not coupled with a live-ball foul to create a double foul or another dead-ball foul to create a double or a multiple foul. The incidental face mask is penalized from the end of the run which is the A-44, which is also beyond the line-to-gain, resulting in a first down for Team A. The UC foul is then penalized, and the chains are set 1/10 for Team A at the A-34.

49. A, 4/1, A-34. The QB sneaks for no gain to the A-34. During the run, the Team B HC swears at the LJ. (10-4-5; 10.4.5B)

 a. Enforcement of the B penalty puts the ball beyond the line-to-gain; A, 1/10, A-49

 b. Prior to penalty enforcement, the ball is dead behind the line-to-gain; B, 1/10, A-49

 ANSWER: b

 FOCUS: A nonplayer or UC foul is penalized from the succeeding spot, which is the A-34, behind the line-to-gain, resulting in a first down for Team B. The UC foul is then penalized, and the chains are set. If a nonplayer or unsportsmanlike foul occurs during a down resulting in a change of possession or a first down, the line-to-gain equipment is set following enforcement of the penalty.

50. A, 4/1, A-34. The QB sneaks to the A-36. During the run, the Team A HC swears at the LJ. (10-4-5; 10.4.5B)

 a. Enforcement of the A penalty puts the ball behind the line-to-gain; B, 1/10, A-21

 b. Prior to penalty enforcement, the ball is dead beyond the line-to-gain; A, 1/10, A-21

 ANSWER: b

 FOCUS: A nonplayer or UC foul is penalized from the succeeding spot, which is the A-34, behind the line-to-gain, resulting in a first down for Team B. The UC foul is then penalized, and the chains are set. If a nonplayer or unsportsmanlike foul occurs during a down resulting in a change of possession or a first down, the line-to-gain equipment is set following enforcement of the penalty.

51. A, 3/6, B-30. A23 runs to the B-8. During the run, the Team B HC swears at the LJ. The REF determines the appropriate penalty enforcement. As the REF is giving his signals and as the U is beginning to march off the enforcement, A33 taunts B27. (10.2.5a; NFHS Football Game Officials Manual, p. 54 ff)

 a. The penalties are administered in the order of occurrence; A, 1/10, B-19

 b. The fouls offset; A, 1/goal, B-8

 ANSWER: b

 FOCUS: Fouls offset if the second foul occurs at any time prior to the completion of the administration of the penalty for the first foul. It is appropriate for an association to consider that the completion of the administration of the penalty for the first foul occurs when U has spotted the ball on the ground ready for the next play. This results in the correct answer being “b.”

52. A, 4/6, A-30. QB A4, under pressure at the A-20, throws the ball forward, where it is caught by A55 at the A-37, where he is downed. (7-5-2; 7-5-13)

 a. Illegal forward pass; A, 4/11, A-25

 b. Illegal forward pass; B, 1/10, A-25

 c. Illegal touching; A, 4/11, A-25

 d. Illegal touching; B, 1/10, A-25

 e. Illegal touching; B, 1/10, A-32

 ANSWER: d

 FOCUS: The foul is a loss of down foul; B can accept the penalty and gain possession of the ball.

53. K, try, R-3. Holder K26, in a legal scrimmage kick formation, receives the snap with his knee on the ground. He immediately throws the ball backward and underhand to kicker K2, who throws a forward pass to A87 in the EZ, who catches it there. (4-2-2a Exc.)

 a. Two points for A

 b. The try is unsuccessful

 ANSWER: b

 FOCUS: The ball is dead when the holder passes it without first rising.

54. The “Mercy Rule’ is in effect during the 4th quarter. During the following situations, the game clock will not run; and the game clock will start on the snap or when a kick is legally touched. (3-1-2; CIF State Bylaws, sec 2108, also located on the SDCFOA website under Rules)

 a. A free kick following a fair catch or awarded fair catch

 b. A charged team timeout

 c. A coach-REF conference

 d. An official’s timeout

 e. All the above

 ANSWER: e

 FOCUS: When the game clock will not run when the “Mercy Rule” is in effect.

55. Runner A21 is wearing a hoodie with the hood sticking out above and behind his neck. B54 pulls the hoodie from behind and pulls A21 down backwards. (1-5-3; 9-4-3k)

 a. Legal

 b. Illegal

 ANSWER: a

 FOCUS: Hooded sweatshirts are not adornments; neither are they part of the jersey and are not subject to horse collar restrictions.

56. A, 2/7, A-23. QB A2 drops back to the A-15 and attempts a screen pass. When the pass is thrown, A57 is 4-yards downfield at the A-27. The pass is overthrown, and A19, the intended receiver, muffs the ball at the A-20. The ball continues in flight beyond the LOS and falls to the ground at the A-29. By rule, (7-5-2; 7-5-6a, b; 7-5-9b; 7-5-12; 7-5-13)

 a. Ineligible downfield; A, 2/12, A-18

 b. No foul; A, 3/7, A-23

 ANSWER: a

 FOCUS: It is appropriate for an association to consider A has gained no advantage in this situation and that no foul has occurred. This philosophy results in the correct answer being “b.”

57. A, 4/5, B-15. A23 runs to the B-5, where he is tackled by B45. A23 gets up and taunts B45. (10-1-2;10-4-5; 5-1-2)

 a. A, 1/10, B-20

 b. B, 1/10, B-20

 c. A, 4/10, B-20

 ANSWER: a

 FOCUS: A dead-ball foul by A after the line-to-gain is made does not affect the award of a new series to A.

58. A, 4/15, A-25. A23 runs to the A-33 and is tackled by B45. After A23 gets up, B45 taunts A23. (10-1-2;10-4-5; 5-1-2)

 a. B, 1/10, A-18

 b. B, 1/10, A-33

 c. A, 1/10, A-48

 d. B, 1/10, A-48

 ANSWER: d

 FOCUS: A dead-ball foul, committed after the line-to-gain is not made results, in the award of a new series to B after the dead-ball penalty is enforced.

59. A, 3/23, A-18. A36 is carrying the ball at the A-25 toward B’s goal when B93 grabs A36’s jersey and violently pulls A36 backward. B93 maintains the hold while A36 continues running, and A36 finally falls forward to the ground at the A-29. (9-4-3k; 9.4.3.M)

 a. A, 1/10, A-40

 b. A, 4/1, A-40

 c. A, 1/10, A-44

 d. A, 4/12, A-29

 ANSWER: d

 FOCUS: A horse collar foul requires the runner to be pulled backward or sideward to the ground.

60. After a foul is committed by the either the offense or the defense, the play clock is set at 25 seconds. (3-6-1a1(e)

 a. True

 b. False

 ANSWER: b

 FOCUS: New rule. A 40-second play clock is implemented if the defensive team is the only team to commit a foul.

61. QB A13 is behind the LOS attempting a pass. Before he can release the ball, B99 grabs the inside back collar of A13’s jersey and swings him around in a half-circle and throws him to the ground on his back. (9-4-3k; 9-4-3g)

 a. Horse collar tackle

 b. Legal play

 ANSWER: a

 FOCUS: This action constitutes a horse collar tackle foul. A dramatic action like this could also potentially be considered an unnecessary roughness foul.

62. A, 3/23, A-18. A36 is carrying the ball at the A-25 toward B’s goal when B93 grabs A36’s jersey and violently pulls A36 backward. B93 maintains the hold while A36 continues running, and B93 finally uses A36’s jersey to pull him sideways and to the ground at the A-29. (9-4-3k; 9.4.3.M)

 a. A, 1/10, A-40

 b. A, 4/1, A-40

 c. A, 1/10, A-44

 d. A, 4/12, A-29

 ANSWER: c

 FOCUS: The second act by B93 is an illegal horse collar foul, enforced at the end of the run. The foul is not an automatic first down, but the result of the enforcement adds enough yardage for a first down.

63. Only the R may order the ball changed between downs. (1-3-3)

 a. True

 b. False

 ANSWER: b

 FOCUS: New rule. Any game official may order the ball changed between downs. A change is permitted if it is requested by a game official and the new ball is a legal ball.

64. QB A6 takes a direct snap and pitches the ball backward to A12. A56 then blocks B73 at the waist at the same time A64 blocks B73 at the knees. Neither of these blocks are an immediate and initial act following the snap. (2-3-8; 2-17; 9-3-2a)

 a. Chop block

 b. Illegal BBW

 c. Both a and b

 d. Legal play

 ANSWER: b

 FOCUS: New rule. This is not a chop block, but it is an illegal block below the waist. A block *at* the waist is neither below nor above the waist.

65. A chop block is a combination block by two or more teammates against an opponent other than the runner, with or without delay, where one of the blocks is low (below the waist) and one of the blocks is high (above the waist). (2-3-8)

 a. True

 b. False

 ANSWER: a

 FOCUS: New rule. The opponent’s *waist* is now used to determine the high and low components of a chop block.

66. K, 4/5, K-10. K’s punt is caught at the K-38 and run back to the K-20. K committed an illegal shift, and during the runback, R held at the K-30. (10-2-1b; 10-2-1c; 10-2-2)

 a. By rule, this is a double foul; replay the down

 b. R may retain possession by declining enforcement of K’s foul; R, 1/10, K-48

 c. R may retain possession by declining enforcement of K’s foul; R, 1/10, K-40

 ANSWER: c

 FOCUS: Double foul, or not; enforcement.

67. K, 4/5, K-10. K’s punt is caught at the K-38 and run back to the K-20. K committed an illegal shift, and during the kick, R held at the K-30. (10-2-1b; 10-2-1c; 10-2-2; 10-2-3)

 a. By rule, this is a double foul; replay the down

 b. R may retain possession by declining enforcement of K’s foul; R, 1/10, K-48

 c. R may retain possession by declining enforcement of K’s foul; R, 1/10, K-40

 ANSWER: b

 FOCUS: Double foul enforcement options; PSK enforcement.

68. A, 3/6, A-10. At the snap, A has 5 players in the backfield. Runner A33 fumbles at the A-22, and B54 recovers the ball at the A-24 and runs to the A-14, where he is downed. During B54’s run, B67 holds at the A-20. (10-2-1b;

 10-2-1c; 10-2-2)

 a. By rule, this is a double foul; replay the down

 b. B may retain possession by declining enforcement of A’s foul; B, 1/10, A-24

 c. B may retain possession by declining enforcement of A’s foul; B, 1/10, A-30

 ANSWER: c

 FOCUS: Double foul enforcement options.

69. B-12 commits a foul during the last two minutes of the first half, and Team A declines the penalty enforcement. Team A has the option to start the game clock on the snap. (3-4-7)

 a. True

 b. False

 ANSWER: a

FOCUS: New rule. When any foul is committed in the final two minutes of either half, the offended team will automatically have the option to start the game clock on the snap.  The offended team is no longer required to accept its opponent’s penalty in order to gain control of the game clock.

70. QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, A7 evades a tackler and runs toward the left sideline. When he is outside the lateral boundaries of the FBZ, he throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds five yards beyond the LOS. (7-5-2 EXC 2)

 a. Legal play, Incomplete pass

 b. Illegal play, Intentional grounding

 ANSWER: a

 FOCUS: New rule. A player may purposefully throw an incomplete forward pass without warranting an intentional grounding penalty provided the passer is, or has been, beyond the lateral boundaries of the FBZ and the pass reaches the NZ or the extension of the NZ beyond the sideline.

71. QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, while still inside the lateral boundaries of the FBZ, he throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds ten yards beyond the LOS. (7-5-2 EXC 2)

 a. Legal play, Incomplete pass

 b. Illegal play, Intentional grounding

 ANSWER: b

 FOCUS: New rule. A player may purposefully throw an incomplete forward pass without warranting an intentional grounding penalty provided the passer is, or has been, beyond the lateral boundaries of the FBZ and the pass reaches the NZ or the extension of the NZ beyond the sideline.

72.QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, A7 evades a tackler and runs toward the left sideline. When he is outside the lateral boundaries of the FBZ, he throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds, in the NZ. (7-5-2 EXC 2)

 a. Legal play

 b. Illegal play

 ANSWER: a

 FOCUS: New rule. A player may purposefully throw an incomplete forward pass without warranting an intentional grounding penalty provided the passer is, or has been, beyond the lateral boundaries of the FBZ and the pass *reaches* the NZ or the extension of the NZ beyond the sideline.

73. QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, A7 evades a tackler and runs toward the left sideline. When he is outside the lateral boundaries of the FBZ, he throws a forward pass into an area in which there is no eligible receiver. The pass travels outside the position of the down box, but lands beyond the LOS up in the stands. (7-5-2 EXC 2)

 a. Legal play

 b. Illegal play

 ANSWER: a

 FOCUS: New rule. A player may purposefully throw an incomplete forward pass without warranting an intentional grounding penalty provided the passer is, or has been, beyond the lateral boundaries of the FBZ and the pass reaches the NZ or the *extension of the NZ beyond the sideline*.

74.The ball is spotted on the right hash mark. QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, A7 evades a tackler and runs toward the left sideline. Still scrambling, at the left hash mark, he runs back to the right hash mark, where he throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds ten yards beyond the LOS. (7-5-2 EXC 2)

 a. Legal play

 b. Illegal play

 ANSWER: a

 FOCUS: New rule. A player may purposefully throw an incomplete forward pass without warranting an intentional grounding penalty provided the passer is, *or has been*, beyond the lateral boundaries of the FBZ and the pass reaches the NZ or the extension of the NZ beyond the sideline. If the player has been outside the pocket and re-enters the lateral boundary of the FBZ, he may legally ground the ball.

75. The ball is spotted on the right hash mark. QB A7 takes the snap, turns and pitches the ball backward to running back A14. A14 attempts a sweep around left end when he is trapped in the backfield near the left sideline, and is about to be tackled when A14 throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds ten yards beyond the LOS. (7-5-2 EXC 2)

 a. Legal play

 b. Illegal play

 ANSWER: a

 FOCUS: New rule. A player may purposefully throw an incomplete forward pass without warranting an intentional grounding foul provided the passer is, or has been, beyond the lateral boundaries of the FBZ and the pass reaches the NZ or the extension of the NZ beyond the sideline. The passer need not be the player who received the snap.