

## Football Allowable Skills Matrix

2023

	Flag	8U	9U	10U	11U	12U	13U	14U
<b>Punt</b>		X	X	X	X	X	X	X
<b>Declaration of Punt</b>	X	X	X					
<b>Rushing the Punter</b>				X	X	X	X	X
<b>Field Goals</b>		X	X	X	X	X	X	X
<b>Rushing Field Goals</b>				X	X	X	X	X
<b>Rushing Point After Attempt</b>				X	X	X	X	X
<b>Kickoff</b>						X	X	X
<b>Kickoff Return</b>						X	X	X
<b>Line up over Center</b>				X	X	X	X	X
<b>Two-Point Stance</b>	X	X	X	X	X	X	X	X
<b>Three-Point Stance</b>						X	X	X
<b>Overtime</b>		X	X	X	X	X	X	X
<b>Blitzing</b>				X	X	X	X	X