

Football Allowable Skills



Football Allowable Skills Matrix

2026

	Flag	8U	9U	10U	11U	12U	13U	14U
Punt		X	X	X	X	X	X	X
Declaration of Punt		X	X					
Rushing the Punter				X	X	X	X	X
Field Goals		X	X	X	X	X	X	X
Rushing Field Goals				X	X	X	X	X
Rushing Point After Attempt				X	X	X	X	X
Kickoff				X	X	X	X	X
Kickoff Return				X	X	X	X	X
Overtime		X	X	X	X	X	X	X
Blitzing				X	X	X	X	X
Line up over Center				X	X	X	X	X