

SDCFOA 2023 Rules Summer Study Exam

KEYS

Team A (Offense) or Team B (Defense) is designated as **A** or **B**

Team A or Team B's 45 yard-lines, example: **A-45** or **B-45**

Player A or B's number is 40, example: **A40** or **B40**

Second down and 6 yards to go for A at the B 23 yard-line, example: **A, 2/6, B-23**

The Kicking or Receiving teams are designated as **K** or **R**

Team K or Team R's 45 yard-lines, example: **K-45** or **R-45**

Player K or R's number is 65, example: **K65** or **R65**

Fourth down and 12 yards to go for K at the R 45 yard-line, example: **K, 4/12, R-45**

ACRONYMS

BBW block or blocking below the waist

BSB blind side block

ENZ expanded neutral zone

EXC exception

FBZ free blocking zone

KCI kick catch interference

NZ neutral zone

OPI / DPI offensive / defensive pass interference

PSK post-scrimmage kick

SKF scrimmage kick formation

UC unsportsmanlike conduct

BIB block in the back

DNA does not apply

ES enforcement spot

EZ end zone

HC head coach

LOS line of scrimmage

OOB/IB out of bounds/ in bounds

PF personal foul

QB quarterback

SS succeeding spot

RB running back

When referring to the Rule Book, the reference will be noted with dashes such as: **2-29-1**. When referring to the Case Book, the reference will be noted with periods such as: **2.29.1**, Most questions contain rule references, but some will require officials to get a bit into the NFHS Rule and Case book.

1. First and 10 at team A's 20 yardline. A1 is flagged for holding at team A's 10 yardline. A2 runs to the A 15-yard line where he is downed. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
2. First and 10 at team A's 20 yardline. A1 is flagged for holding at team A's 10 yardline. A2 runs to the team A's 35-yardline where he is downed.. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
3. First and 10 at team A's 20 yardline. A1 is flagged for holding at team A's 30 yardline. A2 runs to team A's 15-yardline where he is downed. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
4. First and 10 at team A's 20 yardline. A1 carries to team A's 45 yardline. A2 is flagged for holding at team A's 40-yardline. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
5. First and 10 at team A's 20 yardline. A1 carries to team A's 45 yardline. A2 is flagged for holding at the 50-yardline. The Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul

6. First and 10 at team A's 16-yardline. A1 drops back to pass. A2 is flagged for holding in team A's end zone. A1 is downed at his own six yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
7. First and 10 at team A's 16-yardline. A1 drops back to pass. A2 is flagged for holding at his own 10 yardline. A1 is downed at his own six yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
8. First and 10 at team A's 20-yardline. B1 is flagged for grasping and twisting A2's facemask at team A's 10 yardline. A3 is downed at team A's 15-yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
9. First and 10 at team A's 20-yardline. B1 is flagged for grasping and twisting A2's facemask at team A's 10 yardline. A3 is downed at team A's 25-yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
10. First and 10 at team A's 20 yardline. A1 is downed at team A's 10 yardline. B2 is flagged for grasping and twisting A3's facemask at team A's 30 yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
11. First and 10 at team A's 20 yardline. A1 carries to team A's 30 yardline. B2 is flagged for grabbing and twisting A3's facemask at team A's 40 yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
12. First and 10 at team A's 20 yardline. A1 is flagged for holding at team A's 15 yardline. A2 is downed at team A's 10 yardline. B3 is flagged for piling on A2. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
13. B1 intercepts a pass in his own end zone and advances to team B's six yardline, where he is hit and fumbles. Prone B2 recovers at team B's four yardline. While the ball is loose, B3 holds at team B's four yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
14. B1 intercepts a pass in his own end zone and advances to team B's six yardline, where he is hit and fumbles. Prone B2 recovers in team B's end zone. While the ball is loose, B3 holds at team B's four yardline. If accepted, the Basic Spot is the:
 - A. Previous spot
 - B. End of the run
 - C. Spot of the foul
15. Eligible receiver A1 intentionally steps out of bounds and a pass is thrown in his direction. A1 leaps and, while airborne, bats the ball to eligible teammate A2, who is inbounds
 - A. The pass is complete, Illegal Batting
 - B. Ineligible Receiver, Illegal Touching
 - C. The pass is complete, no foul.
 - D. The pass is incomplete and Illegal Participation

16. Eligible receiver A1 accidentally steps out of bounds and a pass is thrown in his direction. A1 leaps and, while airborne, bats the ball to eligible teammate A2, who is in bounds
- A. The pass is incomplete, no foul.
 - B. The pass is complete, no foul.
 - C. Ineligible Receiver, Illegal Touching
 - D. The pass is complete, Illegal Participation,
17. A1 is unable to find a receiver and scrambles beyond the lateral boundary of the free-blocking zone as established at the snap. He throws a pass out of bounds that lands beyond the neutral zone. A1 was the player who took the snap.
- A. Intentional Grounding
 - B. No Foul
18. A1 is unable to find a receiver and scrambles beyond the lateral boundary of the free-blocking zone as established at the snap. He throws a pass out of bounds that lands beyond the neutral zone. A1 was the player who received a handoff from A2.
- A. Intentional Grounding
 - B. No Foul
19. A1 is unable to find a receiver and scrambles beyond the lateral boundary of the free-blocking zone as established at the snap. Facing defensive pressure, A1 returns to the area inside the lateral boundary and throws a pass that lands beyond the neutral zone and out of bounds.
- A. Intentional Grounding
 - B. No Foul
20. It is legal if a defender forcefully contacts a defenseless receiver as a result of the defender making a play on the ball, initiates the forceful contact with open hand(s), or attempts to tackle the defenseless receiver by wrapping his arm(s) around the receiver.
- A. True
 - B. False
21. If a defensive back, in an obvious last ditch effort to prevent the receiver from catching the pass for the game winning TD, intentionally tackles the WR before the pass arrives, the official may penalize this intentional act with an additional 15-yard penalty for an unsportsmanlike act.
- A. True
 - B. False
22. If a towel is worn by any player, then all towels must be the same solid color for all players wearing a towel.
- A. True
 - B. False
23. A towel may contain one manufacturer's logo and one school logo or trademark. They both must not exceed 2 ¼ square inches and does not exceed 2 ¼ inches in any dimension.
- A. True
 - B. False
24. At the snap, at least five A players shall be on their line of scrimmage and no more than five A players may be backs.
- A. True
 - B. False
25. The penalty for illegal kicking or batting is:
- A. 5-yard penalty
 - B. 10-yard penalty
 - C. 15-yard penalty
26. Ready-for-play signifies that the ball may be put in play by a snap or a free kick with 25 seconds or 40 seconds on the play clock.
- A. True
 - B. False
27. The penalty for a player who is not properly equipped is to remove that player for at least one down.
- A. True
 - B. False

28. The passer continues to be a defenseless player until the legal forward pass ends or the passer moves to participate in the play.
- A. True
 - B. False
29. The signal for free kick infractions, other than encroachment of the neutral zone is Signal 18.
- A. True
 - B. False
30. At the option of the offended team, the basic spot may be the succeeding spot for fouls by K during a free or scrimmage-kick down (other than kick-catch interference) prior to the end of the kick when K will not be next to put the ball in play.
- A. True
 - B. False
31. The ball becomes dead and the down is ended when a prosthetic limb comes completely off the runner.
- A. True
 - B. False
32. No player or nonplayer shall trip an opponent.
- A. True
 - B. False
33. Effective with the 2024 season, the entire body of the number shall be a single solid color that clearly contrasts with the body color of the jersey.
- A. True
 - B. False
34. The horse-collar foul is enforced as a live-ball foul.
- A. True
 - B. False
35. Blocking below the waist is permitted in the free-blocking zone when all players involved are on the line of scrimmage and in the zone at the snap; the contact is in the zone, and the block is an immediate, initial action following the snap.
- A. True
 - B. False
36. A disconcerting act foul by the defense is a:
- A. 5-yard penalty
 - B. 10-yard penalty
 - C. 15-yard penalty
37. When a backward pass strikes the ground, the ball becomes dead.
- A. True
 - B. False
38. A simultaneous catch or recovery involves joint possession of a live ball by opposing players while one or both are inbounds.
- A. True
 - B. False
39. A foul is a rule infraction for which a penalty is prescribed.
- A. True
 - B. False
40. A down begins when the ball is marked ready-for-play.
- A. True
 - B. False
41. A player is in the free-blocking zone when any part of his body is in the zone at the snap.
- A. True
 - B. False
42. Holding an unauthorized conference is considered unsportsmanlike conduct and carries a 15-yard penalty.
- A. True

B. False

43. The entire team may come near the sideline between downs to communicate with the coaches.
A. True
B. False
44. An illegal horse-collar foul is grabbing the inside back or side collar, or the nameplate area (directly below the back collar), of either the shoulder pads or the jersey of the runner and subsequently pulling (backward or sideward) that opponent to the ground, even if possession is lost.
A. True
B. False
45. The down does not end when an illegal forward pass is simultaneously caught by the opponent.
A. True
B. False
46. The basic spot, at the option of the offended team, may be the succeeding spot for fouls by K during a legal free or scrimmage kick down (other than kick-catch interference) prior to the end of the kick when K will not be next to put the ball in play.
A. True
B. False
47. The down is ended when a live ball goes out of bounds.
A. True
B. False
48. A, 1/10, A-20. B93 is in the neutral zone at the snap. (7-1-6a)
A. Live-ball foul, Team A has a "free play"
B. Dead-ball foul, covering official blows their whistle
C. No foul, B93 did not make contact with a Team A player or cause an A player to move
49. Tripping is illegal in all cases unless it is against the runner, the player in possession of the live ball. (2-32-13; 2-45)
A. True
B. False
50. A muff and a fumble are two different terms that define how a ball became loose. A muff is the touching of a loose ball by a player in an unsuccessful attempt to secure position. A fumble refers to any loss of player possession other than by handing, passing or legal kick.
A. True
B. False
51. A loose ball is a:
A. Pass
B. Fumble
C. Kick
D. All of the above
52. In order to have a Personal Foul for Fighting, a player must make contact with another player. (2-11).
A. True
B. False
53. A, 4/Goal, B-3. QB A1 pitches the ball to A21 at the B-7. A21 sweeps to his left and dives at the B-2 in an attempt to score. B15 hits A21 which causes him to land out of bounds beyond the goal line extended. The ball was in the airborne runners right arm and the ball crossed the sideline at the 1-yard line but then breaks the plane of the goal line extended.
A. Touchdown
B, 1/10, line of scrimmage is the foremost point where the ball crosses the sideline plane.
54. The neutral zone may be expanded following the snap up to a maximum of 2 yards behind the offensive and defensive line of scrimmage.
A. True
B. False
55. A, 1/10, B-12. WR A5 runs a pattern to the endzone, stops and jumps in the air to catch a pass from QB A1. With possession in the air above the endzone, A5's momentum carries him back to the B-1 where he is tackled. Touchdown for A5.
A. True

B. False

56. A blindside block is legal.
- A. True
 - B. False
 - C. A or B, not enough information
57. A, 1/10, A-20. QB A1 takes the snap and drops back in the pocket scanning his receivers. A1 begins to run to his right under a rush, A-75 is holding B99 at the A-17. A1 throws a pass to A21 at the A-35. The foul took place: (2-33-1d)
- A. During a running play
 - B. During a loose-ball play
58. K, 4/10, K-20. Attempting to catch the ball at the R-40, R12 muffs the kick after making a valid fair catch signal. K22 attempts to recover the ball but muffs the ball and it goes out of bounds at the R-45.
- A. K, 1/10, R-45
 - B. Replay the down. K, 4/10, K-20.
 - C. R, 1/10, R-45.
59. Free-kick, K-40. All K players, except the kicker, have one foot on one side of the K-35 line and one foot on the other side. This is a legal free-kick formation.
- A. True
 - B. False
60. Free kick, K-40. K66 (who is not the kicker) is one step beyond the K-40 at the time of the kick. (7-1-3a)
- A. Illegal, Encroachment on the kicking team, live-ball foul. Team R can enforce the 5-yard penalty from the succeeding spot.
 - B. Illegal, Encroachment on the kicking team, dead-ball foul. Stop the play and enforce the 5-yard penalty from the previous spot.
 - C. Legal play, Team K can be no more than one step beyond the free kick line.
61. K, 4/3, R-20. K3 is 12-yards behind the line of scrimmage, lined up to attempt a field goal. Holder K20 is 7-yards behind the line of scrimmage, squatting down, without his knee on the ground. After the snap, K20 throws a pass to K80 in the endzone. K80 was eligible by number and eligible by position on the end of the line of scrimmage. This is a legal play if: (2-14-2a; 7-2-5)
- A. This is legal formation, Touchdown.
 - B. Team K has 5 players numbered 50-79 on the line of scrimmage at the snap.
 - C. K3 can be no more than 10-yards behind the line of line of scrimmage.
 - D. None of the above.
62. K, 4/3, R-20. K3 is 10-yards behind the line of scrimmage, lined up to attempt a field goal. Holder K20 is 7-yards behind the line of scrimmage, squatting down, with his knee on the ground. The snapper is K23 who is covered up by adjacent linemen, and is in this legal scrimmage kick formation as a numbering exception. If Team K throws a completed pass to K23 in the endzone, what type of foul(s) do we have? (7-2-5; 7-5-12, 7-5-13)
- A. Live-ball, Ineligible Downfield, 5-yard penalty from the previous spot, replay the down. K, 4/8, R-25
 - B. Live-ball, Illegal Touching, 5-yard penalty from the previous spot, loss of down. R, 1/10, R-25
 - C. Team R has the choice of A or B (but will be offered B as the best option)
63. Free kick, K-40. Team K trails Team R, 20-24 with 1:30 remaining in the 4th quarter. Team K may have 3 players lined up to the right of the kicker in an obvious on-side kick situation. (6-1-4)
- A. True
 - B. False
64. Free kick, K-40. Kicker K1 kicks the ball from the tee high into the air in an area with NO R players. K20 catches the kick, before it has touched the ground, at the R-35 while sliding to the ground where he is down by rule. (6-1-6)
- A. K, 1/10, R-35
 - B. R, 1/10, 50
 - C. R, 1/10, R-35
 - D. K, Free-kick, K-45.

65. Try, R-3. K35 is the snapper under the numbering exception and is lined up with other linemen on either side of him. Holder K23 muffs the snap from snapper K35. Kicker K1 yells "fire, fire" as K23 starts to run with the ball at the R-10. Under a heavy rush, K23 throws the ball into the endzone where it is caught by K35. (7-2-5b-2, 7-5-12, 7-5-13)
- A. 2-point try is good
 - B. Ineligible receiver downfield, replay the down. Try, R-8
 - C. Illegal Touching, Try is over. Free-kick from the K-35
 - D. Illegal Touching, Try is over. Free-kick from the K-40.
66. K, 4/10, R-45. Kicker K1 punts the ball from the K-45, it is blocked by R90 and is grounded at the R-49. K1 picks up the ball and advances to the R-34 where he is tackled.
- A. R, 1/10, R-49. First touching of the kick by K1 gives R the opportunity to take the ball at that spot if R does not commit a foul during the down.
 - B. K, 1/10, R-34. Any K player may advance a kick recovered behind the neutral zone.
 - C. K, 4/10, R-45. Replay the down.
67. K, 4/4, B-20. Team K is lined up in a legal scrimmage kick formation. After the snap, B90 grabs and pulls A47 from his position on the offensive line to open a gap for B75 to block the kick (pull and shoot). The field goal is good. (8-4-5)
- A. Team K may accept the result of the play and enforce the foul from the succeeding spot
 - B. K, 1/10, B-10; Team K may enforce the foul from the previous spot
 - C. Holding by Team R is legal. Team K has no options, free kick from the K-40
 - D. Both A and B
68. K, 4/10, R-35. Punter K1 punts the ball high in the air, and it is grounded at the R-4 where it continues toward the endzone. K21 jumps toward the endzone and bats the ball one yard deep in the endzone back to the R-2 where K22 falls on it. The ball never touched the ground in the endzone. (6-3-1)
- A. R, 1/10, R-2. Spot where the kick ended.
 - B. R, 1/10, R-20. Touchback.
69. K, 4/10, K-40. Kicker K1 punts the ball high in the air and R21 gives a fair catch signal at the R-35. K5 makes early contact with R21 before the ball arrives. The ball hits the ground and touches R21 at the R-34. K5 muffs the loose-ball and recovers it at the R-20. (6-5-6a; 10-5-1b)
- A. R may accept the results of the play.
 - B. R may accept an awarded fair catch after enforcement of a 15-yard penalty from the spot of the foul.
 - C. R may accept a 15-yard penalty from the previous spot and replay of the down.
 - D. A and B
 - E. A and C
 - F. B and C
 - G. All of the above.
70. Free-kick, K-40. 0:25 in the 4th quarter, Team K is trailing Team R. 20-24. K has 4 players to the left of the kicker and 6 players to the right of the kicker when the Referee blows the whistle for the ready to play. When the kicker gives a signal, K40 goes in motion from the left side of the kicker at the K-41 and turns up field and is on the right side of the kicker when the ball is kicked. (6-1-4; 6.1.4)
- A. Legal play because K had 4 players on each side of the kicker at the ready for play signal.
 - B. Live-ball foul. Illegal because K must have at least 4 players on each side of the kicker when the ball is kicked.
 - C. Dead-ball foul. Illegal because K must have at least 4 players on each side of the kicker when the ball is kicked.
71. K, 4/10, K-20. Receiver R21 is contacted early and not given a chance to catch the kick, Kick Catch Interference. Since this foul occurs during the kick, while the ball was loose, the enforcement spot must be the previous spot.
- A. True
 - B. False
72. K, 4/10, K-20. K1's kick is high, but short and in an attempt to catch the kick, the ball bounces off R20's shoulder pad, into the air. K10 pushes R20 at the R-40 in an attempt to catch the ball. K10 catches the ball at the R-43 where he is tackled. (6.5.6E)
- A. No foul. R, 1/10, R-43
 - B. Kick catch interference. Team R has options for enforcement.
73. K, 4/10, R-15. Kicker K1 kicks the ball from the R-22, it is blocked by R90 at the R-14 and bounces to the R-17. K1 picks up the ball and runs into the endzone.
- A. K, 1/10, R-17. K cannot advance a kick.
 - B. K Touchdown. Any K player may advance a kick recovered behind the neutral zone.
 - C. R, 1/10, R-17. The ball is dead when K1 first touches it.

74. K, 4/10, K-20. During the kick, K20 blocks R40 below the waist at the K-40. R1 catches the kick at the 50 and advances to the K-45 where he is tackled. (10-4-2EXP)
- A. R, 1/10, K-30.
 - B. K, 4/20, K-10.
 - C. Both A and B.
75. K, 4/10, K-20. Kicker K1 punts the ball from the K-13. R23 muffs the punt at the K-49, and it rolls to the K-44 where it is recovered by K30.
- A. K, 1/10, K-44.
 - B. R, 1/10, K-44.
 - C. R, 1/10, K-49.
76. K, 4/10, K-20. R32 illegally blocks K2 below the waist at the R-48 before R1 catches the kick at the 50 and advances to the K-45 where he is tackled. The enforcement spot is: (2-41-6)
- A. The previous spot since the foul occurred during the kick.
 - B. The end of the kick. Post scrimmage kick enforcement.
 - C. The spot of the foul. The foul occurred behind the end of the kick.
 - D. The end of the run. The basic spot is beyond the end of the kick, so enforce from the basic spot
77. K, 4/7, R-25. Team K is in a legal scrimmage kick formation when K1 attempts a field goal. R20, standing in his endzone, jumps and bats/blocks the ball to the ground before it crosses the crossbar.
- A. Illegal Batting. Enforce the foul from the previous spot. K, 1/10, R-15
 - B. Touchback.
78. A, 1/10, A-20. Team A is in a legal formation and the center has placed his hand on the ball. QB A1 sees the defensive formation and yells, "check, check, easy, easy" and looks toward the sideline. Snapper A79 removes his hand(s) from the ball, not simulating a snap, to look toward the sideline. (7-1-3a)
- A. Legal
 - B. Illegal
79. A, 1/10, A20. At the snap, WR A1 and A2 are both in motion. 7-2-7
- A. Dead ball foul, Illegal Motion
 - B. Dead ball foul, Illegal Shift
 - C. Live ball foul, Illegal Motion
 - D. Live ball foul, Illegal Shift
80. A, 1/10, A-35. Team A has 10 players on the field. Before the snap, A10 runs on the field and lines up as the widest receiver between his sideline and the numbers.
- A. Legal as long as Team B has enough time to cover the player
 - B. Illegal
81. A, 1/10, A-20. Center A79 breaks from huddle grabs the ball and rotates it horizontally/parallel to the line of scrimmage before the snap occurs. This is legal because A79 never removed his hand from the ball. (7-1-2)
- A. True
 - B. False
82. A, 1/10, A-20. Team A has 5 players in the offensive backfield at the snap. (7-2-5a)
- A. A, 1/15, A-15. Illegal Formation, dead-ball foul
 - B. A, 1/15, A-15. Illegal Formation, live-ball foul
 - C. Legal formation
83. A, 3/3, B-30. Team A is trailing 24-28 with 0:30 seconds remaining in the game, with no timeouts. QB A1 is positioned 4-yards behind Center A79 in a shotgun formation. A1 muffs the snap and it falls to the ground. A1 immediately picks up the ball and spikes it to the ground to stop the clock. This is legal because the spike/pass was immediate after A gained possession.
- A. True
 - B. False
84. A, 3/2, A-40. Defensive Tackle B90 jumps into the neutral zone and is able to get out of the neutral zone before the snap occurs.
- A. Dead-ball, Encroachment
 - B. Live-ball, Encroachment
 - C. No foul, B90 was not in the neutral zone when the ball was snapped.

85. A, 1/10, A-20. Right Tackle A79 breaks the huddle and gets into a 3-point stance. QB A1 sees the defensive formation and yells, "check, check, easy, easy" and looks toward the sideline. RT A79 lifts his hand, not simulating the snap, to look toward the sideline.
- A. Legal
 - B. Illegal
86. A, 3/4, A-25. Line Backer B99 runs into a gap between the defensive tackle and nose guard, stomping his foot at the A-26 and clapping loudly towards the offensive line. Left Guard A55 jumps from his 3-point stance before the snap.
- A. A, 1/10, A-30
 - B. A, 3/9, A-20
87. A, 3/7, B-40. Team A has 5 players in their backfield at the snap. QB A1 throws a pass that is intercepted by B23 at the B-35. B23 returns the interception for a touchdown. 8-2-3
- A. Touchdown. B, Try, A-1.5
 - B. After the Try, B, Free Kick, B-45
 - C. Team B must decline the foul in order to take the result of the play. Touchdown.
 - D. Both A and B are options for Team B
88. The basic spot for the foul committed during a loose-ball play is the: (10-4-2)
- A. Previous spot
 - B. End of the run
 - C. Spot of the foul
 - D. Succeeding spot
89. A, 1/10, A-20. QB A1 is sacked at the A-15. Right Guard A54 holds B90 at the A-16. The basic spot is:
- A. Previous spot
 - B. End of the run
 - C. Spot of the foul
 - D. Succeeding spot
90. Team K punts the ball, and during the kick, Team R holds Team K. This foul does not occur during a PAT or a successful field goal; happens during a scrimmage kick play in which the ball crosses the expanded neutral zone; the foul is occurs beyond the expanded neutral zone; the foul occurs before the end of the kick; and team K will not be next to put the ball in play. **The basic spot** is the: (10-4-3)
- A. Previous spot
 - B. End of the kick
 - C. Spot of the foul
 - D. Succeeding spot
91. A, 3/G, B-9. Running Back A21 takes the hand off and runs into the endzone for a touchdown. During the run, Wide Receiver A2 held B2 in the end zone. The basic spot is the: (10-4-7)
- A. Previous spot
 - B. End of the run
 - C. Spot of the foul
 - D. Succeeding spot
92. A, 3/2, B-40. Running Back A21 receives the handoff and runs up the middle between the snapper and tackle to the B-39. The flank official and umpire blow their whistles as the pile begins to move backwards. B21 runs and jumps on top of the pile after the whistle. (10-4-5)
- A. Previous spot
 - B. Spot of the foul
 - C. Succeeding spot
93. A, 1/10, A-40. QB A1 hands the ball to RB A21 at the A-36. A21 runs to the A-45 where he is tackled. During the run, A79 held B20 at the A-38.
- A. A, 1/22, A-28
 - B. A, 1/15, A-35
 - C. A, 1/20, A-30
94. A, 1/Goal, B-7. RB A21 receives a hand-off at the B-10 and runs for a touchdown. WR A2 holds B10 at the B-2. The next play will be:
- A. A, 1/10, B-12
 - B. A, 1/Goal, B-17
 - C. A/1/Goal, B-10
 - D. A, 1/Goal, B-12

95. A, 2/20, B-45. QB A1 throws a pass to A21. During the pass, B3 holds and interferes with A21 at the B-35. The pass falls incomplete at the B-32.
- A. A, 1/10, B-35
 - B. A, 1/10, B-30
 - C. A, 2/10, B-35
 - D. A, 2/5, B-30
96. A, 2/4, B-20. QB A1 throws a pass that is intercepted by B21 at the B-6. After the interception, B70 illegally blocks A20 in the back at the B-20, A90 grabs and pulls B21's facemask in an attempt to tackle him at the B-45, and B55 holds A15 at the A-10. B21 scores a touchdown.
- A. B, 1/10, A-20; Block in the back and Facemask offset
 - B. Fouls offset, replay the down
 - C. Fouls offset, touchdown for Team B
 - D. B, 1/10, B-10

CIF San Diego Section 25-Yard Line Overtime Procedures

The CIF San Diego Section has adopted an overtime procedure that differs from the NFHS Rule Book's suggested 10-yard line overtime procedure. The full CIF San Diego Section Overtime Procedure can be downloaded from our website at www.sdcfoa.org.

97. End of regulation. Team B wins the coin toss and elects to defer their choice to the second overtime period. Team B may defer their choice.
- A. True
 - B. False
98. A, 1/10, B-25. First overtime possession. QB A1 throws a pass that is intercepted by B2 and returned for a touchdown. After the interception, and during the return, B99 illegally blocks A50 in the back at the B-20. The next play will be:
- A. A, 1/10, B-15
 - B. Touchdown for B, game is over
 - C. B, 1/10, B-25
 - D. B, 1/10, B-35
99. A, 1/10, B-25. First overtime possession. QB A1 throws a pass that is intercepted by B2 and returned for a touchdown. At the A-7, B2 starts to high-step while holding the ball toward his opponents, and performs a backflip into the endzone. The next play will be:
- A. B, 1/10, B-40
 - B. Touchdown for B, game is over
 - C. A, 1/10, B-12.5
 - D. B, 1/10, B-25
100. End of regulation. Team A wins the coin toss, their options are:
- A. Team A may defer their choice
 - B. Team A may choose which side of the field to play the extra period
 - C. Team A may choose to begin on offense or defense
 - D. All of the above
 - E. Only A and B
 - F. Only B and C

SDCFOA 2023 Rules Summer Study Exam Answers Only

1. Answer: A Previous Spot
End of the running play is behind the LOS and the foul is behind the LOS
2. Answer: A Previous Spot
End of the running play is beyond the LOS but the foul is behind the LOS
3. Answer: A Previous Spot
End of the running play is behind the LOS and the foul is beyond the LOS
4. Answer: C Spot of the Foul
End of the running play is beyond the LOS and the foul is beyond the LOS but behind the end of the run.
5. Answer: B End of the Run (basic spot)
End of the running play is beyond the LOS and the foul is beyond the LOS and the foul is beyond the end of the run.
6. Answer: C Spot of the Foul (Safety)
There is no change to penalty enforcement on a play where Team A fouls in their own endzone.
7. Answer: A Previous Spot
End of the running play is behind the LOS and the foul is behind the LOS. Team B would most likely decline the penalty as the result of the play makes it 2nd and 20 at the 6-yard line.
8. Answer: A Previous Spot
End of the running play is behind the LOS and the foul by Team B is behind the LOS.
9. Answer: B End of the Run
End of the running play is beyond the LOS and the foul by Team B is behind the LOS.
10. Answer: A Previous Spot
End of the running play is behind the LOS and the foul by Team B is beyond the LOS.
11. Answer: B End of the Run
End of the running play is beyond the LOS and the foul by Team B is beyond the LOS.
12. Answer: A Previous Spot
End of the running play is behind the LOS and the foul by Team A is behind the LOS. The dead ball foul against Team B is enforced after the enforcement of the Team A live ball foul.
13. Answer: C Spot of the Foul
Team B intercepts with "clean hands". Team B's run following the interception ends with a fumble at the 6-yard line. The foul by Team B occurs while the ball is loose so the basic spot is the end of the run (where the fumble occurred at the 6-yard line.) and the foul occurred behind the basic spot, so enforcement is from the spot of the foul.
14. Answer: C Spot of the Foul
Same as Question #13 but in this case, if Team A declines the penalty, they score a safety as Team B's fumble is the force that put the ball in their own endzone where Team B was down by rule.
15. Answer: D The pass is Incomplete and Illegal Participation
Since A1 is out of bounds by rule when he touched the pass, the ball is dead upon his touching. A1 fouls for illegal participation since he intentionally influenced the play.
16. Answer: A The pass is incomplete, no foul. 2-29-1 and 9-6-1 and 9-6-2
17. Answer: B No Foul. 7-5-2 Exc. 2a and 2c
18. Answer A Intentional Grounding. Newly Revised Rule 7-5-2 Exc. 2a and 2c
19. Answer B No Foul. 7-5-2 Exc. 2a and 2c
20. Answer: A True. 2-32-16d (1-3)
21. Answer: B False. 7-5-10

22. Answer: B False 1-5-3a(5)a 1-5 (New)
23. Answer: A True 1-5-3a (5)a 1-5 (New)
24. Answer: B False 2-14-1, 7-2-5a
25. Answer: B 6-2-1 PENALTY, 9-7 PENALTY
26. Answer: A True 2-35
27. Answer: A True 1-5-4, 1-5-5, 3-5-10e, 3-6-2, 9-8-1h
28. Answer: A True 2-32-11, 2-32-16a
29. Answer: B False 6-1-3b PENALTY, 6-1-4 PENALTY, NFHS Official Football Signals
30. Answer: A True 10-4-2 EXCEPTION
31. Answer: A True 4-2-2l
32. Answer: A True 9-4-3o
33. Answer: A True 1-5-1c(6)
34. Answer: A True 9-4-3k
35. Answer: A True 2-17-2
36. Answer: A 7-1-9 PENALTY
37. Answer: B False 2-31-6, 4-2-2c
38. Answer: B False 2-4-3
39. Answer: A True 2-16-1
40. Answer: B False 2-7-1, 2-35
41. Answer: A True 2-17-1
42. Answer: A True 9-8-1f PENALTY
43. Answer: A True 2-6, 9-8-1f NOTE
44. Answer: A True 9-4-3k
45. Answer: B False 4-2-2c
46. Answer: A True 10-4-2 EXCEPTION
47. Answer: A True 4-2-2b
48. Answer: B

Emphasis: Encroachment is a dead-ball foul. Covering official should throw their flag into the defensive backfield.

49. Answer: B

Emphasis: Tripping is always illegal. Several years ago, tripping the runner was legal, but it is a player safety foul. Personal foul, 15-yard penalty, using All-But-One enforcement.

50. Answer: A

Emphasis: 2-18; 2-27. Definition of a muff and fumble. Discuss a receiver attempting to catch a punt, who drops the ball before securing possession. Muff or fumble? Different penalty enforcement based on the term used and status of the ball at the time of the foul.

51. Answer: D

Emphasis: 2-1-3 Definition of a loose ball. Pass, Fumble, and Kick are used when the ball is loose following the acts of passing, fumbling or kicking the ball. The basic spot for a foul committed during a loose ball is the previous spot.

52. Answer: B

Emphasis: Definition of fighting. Fighting is any *attempt*...whether or not there is contact.

53. Answer: B

Emphasis: 2-26-3; 2.26.3 When is the goal line extended? Only when a live ball, is in player possession and the player is touching inbounds. Inbounds includes the endzone. Discuss the flank positions first move after the snap e.g., right to the goal line. They own that goal line and should not drop into the endzone. If threatened by the play, back up from the pylon, maintaining their vision on the vertical plane of the goal line. In these situations, back all spectators, photographers, boosters, etc. way back to give yourself room to move.

54. Answer: B

Emphasis: 2-28-2 Defining the expanded neutral zone. Only applies to all ineligible players, usually offensive interior linemen. No ineligible offensive player or ineligible lineman may advance beyond the expanded neutral until a legal forward pass crossed the neutral zone during a pass play.

55. Answer: B

Emphasis: 2-15-2; 2.15.2; Discuss forward progress. A5's own momentum took him out of Team B's endzone, then contacted by a defender.

56. Answer: C

Emphasis: 2-32-16h; A BSB can be legal if it is not forceful and is initiated with open hands. Referees should include "illegal" BSB in their announcements.

57. Answer: B

Emphasis: The run or runs preceding a legal or illegal kick, legal forward pass, backwards pass or fumble is part of loose-ball action.

58. Answer: C

Emphasis: 2-34; 2.34.1. Review the difference between team possession and player possession. The ball is still in Team K possession when R12 muffs the kick, e.g. a kick does not end until the ball is in player possession. K22 muffs the kick out of bounds, so we just have a scrimmage kick that went out of bounds. Team R/A ball at the out of bounds spot.

59. Answer: B

Emphasis: 6-1-3b. With the exception of the kicker, all players must be in the front of the yard line 5-yards behind the free kick line.

60. Answer: B

Emphasis: Encroachment by K during a free kick is a dead-ball foul, Team R can only enforce this foul from the previous spot.

61. Answer: B

Emphasis: Without K20's knee on the ground at the snap, this is not a legal scrimmage kick formation, and therefore, Team K must have 5 players numbered 50-79 on the line of scrimmage at the snap.

62. Answer: C

Emphasis: Using the numbering exception for the snapper in a scrimmage kick formation does not make that player eligible. They are still ineligible by both position and number, in this case. Referees should always provide the best option to the offended coach first.

63. Answer: B

Emphasis: Team K must have 4 players on each side of the kicker when the ball is kicked to be in a legal free kick formation.

64. Answer: B

Emphasis: While any free kick is in flight in, or beyond, the neutral zone to the receiver's goal line...K shall not touch the ball or R, unless blocked into the ball or R, or to ward off a blocker. This is different from a scrimmage kick (see 6-5-6 EXCEPTION).

65. Answer: C

Emphasis: K35 is ineligible by position in this scrimmage kick formation, but K35 is also touches the ball before a R player. It is more advantageous for Team R to enforce Illegal Touching which carries a loss of down than enforce the receiver illegally downfield.

66. Answer: B

Emphasis: 6-2-3. 6.2.3A Comment. The right for K to advance the ball depends entirely upon whether the ball was behind or beyond the neutral zone when it was recovered. If behind, K can advance. If beyond, K cannot advance.

67. Answer: D

Emphasis: Team B fouled during a Try. Team A will always the option to 1) take the result of the play and enforce the penalty from the succeeding spot, or 2) enforce from the previous spot and replay the down.

68. Answer: B

Emphasis: Think of the goal line as a pane of glass, when the ball breaks that pane, it is a touchback. The covering official should blow their whistle, kill the play, and give the touchback signal (S7). A beanbag in the endzone isn't necessary since we do not have first touching of the kick.

69. Answer: G

Emphasis: Kick Catch Interference is a special enforcement. Even though the kick had not ended, R has 3 options – 1) Result of the play, 2) Previous spot enforcement, or 3) Enforce from the spot of the foul.

70. Answer: C

Emphasis: This is a dead-ball foul because it creates an obvious advantage for the kicking team.

71. Answer: B

Emphasis: Kick catch interference has special enforcement in 6-5-6 and 10-5-1b. The basic spot is the previous spot, but that is not the only option for Team R.

72. Answer: A

Emphasis: There is no foul for KCI since R20's protection ended when the kick was touched.

73. Answer: B

Emphasis: 6-2-3. 6.2.3A Comment. The right for K to advance the ball depends entirely upon whether the ball was behind or beyond the neutral zone when it was recovered. If behind, K can advance. If beyond, K cannot advance.

74. Answer: C

Emphasis: When Team K fouls during a kick, R has the option to enforce the foul from the previous spot or the succeeding spot when K will not be next to put the ball into play.

75. Answer: A

Emphasis: 6-2-4. The continuity of downs has ended when R23 muffs/touches the kick at the K-49. Whomever possesses the ball will have a 1st down. K may recover but cannot advance the ball because the kick was beyond the neutral zone when recovered.

76. Answer: C

Emphasis: Post scrimmage kick enforcement applies when Team R commits a foul during the kick. Since this foul occurs behind the end of the kick, enforce from the spot of the foul.

77. Answer: B

Emphasis: 6.3.1B R20 touching the kick in the endzone causes the ball to become dead.

78. Answer: B

Emphasis: The center/snapper, or any other lineman in a 3-point stance, may not remove their hand(s) after making contact with the ball (or ground) unless a timeout is taken.

79. Answer: C

Emphasis: Only one Team A player may be in motion at the snap. This is a live-ball, Illegal Motion foul that is enforced from the previous spot. If Team B is in possession of the ball at the end of the down, Team B must decline this foul in order to keep the ball.

80. Answer: B

Emphasis: 7-2-1. This is a live-ball, illegal formation foul. All Team A players and substitutes must be between the 9-yard marks before the snap.

81. Answer: B

Emphasis: Dead-ball foul for a snap infraction. The snapper may only rotate the ball laterally. The ball must remain parallel with the sideline.

82. Answer: B

Emphasis: Illegal formation is a live-ball foul. The snap caused the foul, so if there is a change of possession, Team B may elect to decline this foul and take the result of the play. No more than 4 offensive players may be positioned in the backfield. Flanks no longer need to count players on the line of scrimmage, just that no more than 4 are in the backfield at the snap.

83. Answer: B

Emphasis: 7-5-2, 7.5.2B. Once the ball touches the ground, as the ball may not be legally grounded after it has been muffed or touched the ground. Also, when would the clock start? Review rule 3-4-7.

84. Answer: A

Emphasis: 7-1-5. Dead-ball, Encroachment on B90. Following the ready for play and after the touching the ball, no defensive player may be in the neutral zone.

85. Answer: B

Emphasis: 7-1-7C. Dead-ball, False Start on A79. Since A79 is on the line of scrimmage, they may not lift their hand before the ball is snapped.

86. Answer: A

Emphasis: 7-1-9. The Umpire will penalize this action. It does not matter if left guard A55 comes out of this stance or not. We must penalize and not warn in this case as the actions are clear and obvious. We have a dead-ball, disconcerting act foul on the defense.

87. Answer: C

Emphasis: Since this foul occurs simultaneous with the snap and before a change of team possession, Team B must decline the foul in order to take the result of the play. If Team A fouls after the change of possession, then Team would have options.

88. Answer: A

Emphasis: Pretty straight forward, loose-ball is always the previous spot.

89. Answer: A

Emphasis: New rule for 2023. NFHS no longer wants to put teams in an insurmountable situation, therefore on running plays, fouls by A or B behind the line of scrimmage are enforced from the previous spot.

90. Answer: B

Emphasis: The basic spot for a foul by Team R during a kick is the end of the kick. Also referred to as the post-scrimmage kick spot. This could be an enforcement spot, depending on where the foul occurred. This is why we have a bean bag down at the end of a scrimmage kick.

91. Answer: B

Emphasis: The basic spot for a foul during a running play is the end of the run. The end of the run is the goal line, when the touchdown was scored. This foul occurred beyond the basic spot, so the penalty will be enforced from the basic spot, or the goal line. Follow-up question – what is down and distance after enforcement?

92. Answer: C

Emphasis: When a dead-ball foul occurs, the basic spot is the succeeding spot.

93. Answer: C

Emphasis: New rule for 2023. Even though the end of the run was beyond the line of scrimmage, the foul occurred behind the line of scrimmage. The basic spot is the previous spot for fouls that occur behind the line of scrimmage.

94. Answer: D

Emphasis: 10-4-4; If the result of the play is a touchdown, the basic spot is the end of the run, the goal line. A foul by Team A that occurs behind the end of run is enforced from the spot of the foul.

95. Answer: D

Emphasis: (7-5-10) The foul occurred while the ball was loose. The basic spot for a foul committed by a loose-ball is the previous spot. Defensive pass interference is not an automatic first down.

96. Answer: D

Emphasis: All fouls occur after the change of possession, so Team B may retain possession if they decline their opponent's 15-yard facemask foul. The foul by Team B is not prior to the change of possession ("clean hands"), and Team B declines the penalty by its opponent. Note: It does not matter whether Team A's foul occurs before or after the change of possession.

97. Answer: B

Emphasis: CIF Overtime Procedures. The team that wins the coin toss may not defer their decision. They may choose to be on offense or defense, or which side of the field the first overtime period will be played.

98. Answer: C

Emphasis: CIF Overtime Procedures. All 5 and 10-yard penalties that occur after a change of possession are declined, by rule, in overtime. The foul occurred after the change of possession, so Team B may keep this ball, but the score will not count given a live-ball foul occurred before the score.

99. Answer: B

Emphasis: CIF Overtime Procedures. Unsportsmanlike Conduct can be a live-ball foul, but, in this scenario, it is enforced as a dead-ball foul. The score counts and the game is over.

100. Answer: F

Emphasis: CIF Overtime Procedures. The team that wins the coin toss may not defer their decision. They may choose to be on offense or defense, or which side of the field the first overtime period will be played.