

**SAN DIEGO POP WARNER
MITEY MITE RULES
2017**

MITEY MITE COACHES

One coach is allowed on the field during the play.

BLITZING

No defensive player is allowed to blitz. No more than six defensive linemen, lined up in either a 3 or 4 point stance, may charge across the neutral zone at the snap. Lineman in an upright stance may not. A defensive player must be within 2 yards of his line of scrimmage to be considered a lineman. Players who begin the play more than 2 yards behind their line of scrimmage, even if in a 3 or 4 point stance, may not charge across the neutral zone at the snap. Normal pursuit by "up" linemen and linebackers as the play develops is legal. Penalty: *Illegal procedure, 5 yards from the previous spot.*

BLITZING SCRIMMAGE KICKS

There shall be no blitzing or rushing on punts, field goals, or tries. Once declared, all kicks are made uncontested.

CLIPPING

Clipping is illegal anywhere on the field including in the free-blocking zone. This applies to all Pop Warner programs regardless of whether you follow NCAA or NFHS Rules.

KICK-OFFS

To start the game, half, after a TD, Field goal or safety the ball will be placed on the 35 yard line. This will apply to the Mitey Mite division.

PUNTS

A team may punt on any down under National Federation rules, or may on any down elect to punt under the provisions outlined below:

- a) A declaration of "intent to punt" shall be made to game officials who, in turn, shall notify the defensive team.
- b) The ball shall be put in play by a direct snap to the punter. The punter shall be positioned a minimum of 5 yards behind his line of scrimmage and shall remain in this position until the ball is snapped.
- c) Both the offensive and defensive teams shall be required to have 7 players on their respective lines of scrimmage until the ball has been punted.
- d) No defensive or offensive player shall cross the line of scrimmage until the ball has been punted, even though there may be a fumble or muffed snap.
- e) If the ball is snapped beyond the punter, he should retrieve the ball and punt it. He is allowed to take a maximum of 3 steps from the point where he retrieves the ball until he kicks it.
- f) If a violation of rules 2, 3, or 4 above is committed, the game officials shall call an illegal procedure, and the offending team shall be penalized accordingly. The opposing team shall have the option to accept or refuse the penalty.
- g) If a violation of rule 5 above is committed, the game officials shall call an illegal procedure, as either a running play or a loose ball play, and the opposing team shall have the option of accepting the penalty from the spot of the foul, or from the previous spot, or of refusing the penalty.
- h) If after a declaration of "Intent to Punt," the offensive team runs another type of play, an illegal procedure shall be called against the offensive team, and a penalty shall be assessed accordingly, unless refused by the defensive team.

IN ALL CASES, TRY TO WARN THEM FIRST